



WHAT THE SONG IN  
YOUR HEAD MEANS  
**WELLBEING** {page 20}

WHAT TO BUY FOR A  
VIDEO GAME GUY  
**TECHNOLOGY** {page 16}



**METRO MAGIC**  
HOLIDAY TOY DRIVE  
**TAKE PART TODAY** {page 05}



**metro**®

**NEW YORK**  
Wednesday, December 7, 2011  
[www.metro.us](http://www.metro.us)

Max 53°  
Min 36°



# Chinatown fades as China rises

► Chinese population in city's iconic enclave shrinks by 17 percent since 2000  
► Businesses, residents return to China for economic boom {page 02}

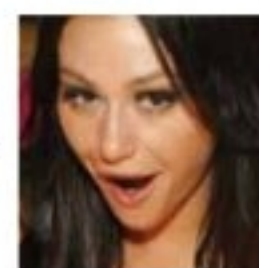
## News

### What's Romney hiding?

► Presidential candidate spent \$100K in state money to clear digital evidence trail ► Docs from his tenure erased {page 08}

### Smell like a 'Jersey' girl

JWoww, what is that bewitching scent? It 'Shore' smells, um, strong {page 14}



**club metro** Spotify

**WIN A FREE 3 MONTH PREMIUM MEMBERSHIP FOR SPOTIFY!!!**

Log on to [www.metro.us/newyork/clubmetro](http://www.metro.us/newyork/clubmetro) for your chance to win!

Sign up for Club Metro and stay in the loop to win great prizes and receive special offers!

**More joy. More laughter. More happy ever after.**

Get 3 amazing services for 1 low price and don't miss a single "fa-la-la" this season. Sign up for the Triple Play!  
Plus, get HBO® and Cinemax® for only \$15 more per month.

Switch today. 1.855.596.6341 [timewarnercable.com](http://timewarnercable.com)

**Triple Play \$89.99/mo.**  
for 1 year including  
DVR service FREE for 1 year

Plus, get HBO® and Cinemax®  
for \$15/mo. for 3 months

**Time Warner Cable®**



# Big trouble brewing for our little China?

► Census data show a shrinking community since 2000 ► Some say it's because their neighbors are moving back home to a welcoming economy



► Chinatown's Chinese population fell by 17 percent in 2010, compared to 2000, according to U.S. census data.

## Growth in Queens

**NEW YORK.** Some in the community attribute Chinatown's contraction to residents simply moving to other Chinese neighborhoods elsewhere in the city.

New immigrants are choosing growing — and cheaper — Chinese enclaves in Brooklyn and Queens, such as Flushing, said Councilwoman Margaret Chin, who represents Chinatown. “Chinese-Americans are moving into new neighborhoods,” Chin told Metro.

Others said the falling numbers are due to Chinatown residents' reluctance to fill out U.S. census forms. ● METRO/EAE

### In the news

#### New tax plan: OWS approved?

Under a new tax plan Gov. Andrew Cuomo and legislators agreed on yesterday, anyone making under \$300,000 will get a tax cut, but New York state residents who earn more than \$2 million will pay more taxes. Cuomo says it will mean \$1.9 billion in new revenue.

● METRO/AB

www.metro.us

### ONLINE TODAY

WWW.METRO.US/  
TV  
WE DISSECT TLC'S  
‘THE VIRGIN DIARIES’

WWW.METRO.US/  
TV  
MICHAEL BUBLE'S  
CHRISTMAS MEMORIES

WWW.METRO.US/  
MEOW  
SHARK SANTA VISITS  
THE AQUARIUM



China's downtown enclave in Lower Manhattan is shrinking and some Chinatown residents say it's because their homeland's booming economy is beckoning.

“I have many friends whose children are learning Mandarin and traveling to China for opportunities after graduation,” said Jeannie Chin, 60, a long-time Chinatown resident.

Chin said her two daughters, who are 25 and 27, both considered moving back to pursue better jobs.

Chinatown's Chinese population shrank by 17 percent between 2000 and

2010, according to an analysis of U.S. census data by the Asian American Federation, a national Asian American nonprofit.

#### Chumbo rising?

Others argue that Chinese residents aren't leaving of their own accord, but instead can no longer afford to stay in their own neighborhood.

“The reason why the Chinese population shrunk in Chinatown is basically because of gentrification,” said Esther Wang, 29, proj-

Chinatown's total population has decreased by nine percent in that same time period, according to census data.

Chinatown business owners are also packing up and moving abroad for the rapidly growing economy back home.



► Some Chinese are simply being priced out.

ect director of the Committee Against Anti-Asian Violence, an Asian advocacy group in New York City. “People are getting priced out.”

► Flourishing cocktail bars, restaurants and condos have earned the area around the Manhattan Bridge the nickname “Chumbo,” Wang said, a play off of pricey DUMBO just across the East River.

Antique dealer Jan Lee, 46, told Metro he has watched at least half a dozen of his colleagues abandon Chinatown for China.

“They can get higher prices out there than they can in New York City,” Lee said. “They took their families, employees and tax dollars with them.”

Lee said that there are many incentives for businesses to leave.

“There's less regulation and the labor force is cheaper,” he said.



EMILY ANNE EPSTEIN  
emily.epstein@metro.us



► Suspect

## Times Square groper sought

**NEW YORK.** Police are looking for a man they say groped a woman as she stood in crowded Times Square just before 11 p.m. on Dec. 2.

In another, separate sex assault incident, police are

also looking for three men who they say raped a woman in Long Island City on Dec. 4. At 3:45 a.m., the 20-year-old woman said she was walking on Vernon Boulevard at 10th Street

when she was grabbed from behind by two of the suspects.

The men pulled her into a parking lot, while two of them held her down and a third raped her. ● METRO/CB



PHOTO BY ARND BRONKHORST

# "KIM CATTRALL & PAUL GROSS BREAK UP, MAKE UP AND BREAK UP IN NOËL COWARD'S ETERNALLY CHIC AND FUNNY PRIVATE LIVES."

BEN BRANTLEY, *The New York Times*

"AN ABSOLUTE  
ROMP!"

MARK KENNEDY, *AP* Associated Press

"A LAUGH OUT  
LOUD BATTLE  
OF THE SEXES!  
KIM CATTRALL  
IS SUBLIMELY FUNNY,  
NAUGHTY & SEXY—  
ALTOGETHER  
PERFECT!"

PAT COLLINS, *FOX5*

LIMITED ENGAGEMENT NOW PLAYING THROUGH FEBRUARY 5 ONLY  
TELECHARGE.COM OR 212-239-6200  MUSIC BOX THEATRE, 239 WEST 45TH ST [PRIVATELIVESBROADWAY.COM](http://PRIVATELIVESBROADWAY.COM)





## Crooks love targeting electronics

NEW YORK. Half of all robberies in New York City in the past year involved high-tech gadgets, according to a report by the New York Daily News.

Police told the paper that pricey gadgets like

### 70%

iPhones accounted for 70 percent of thefts on subways and buses alone, police say.

iPhones and iPads are more popular targets for thieves than cash. Computers, tablets and MP3 players make up 35 percent of all grand larcenies citywide. ● METRO/EAE

## Fake 911 caller arrested



MANHATTAN. A man accused of directing more than 150 fake 911 calls to his neighbor's address has been arrested. For nearly two years, Jesus Leon Jr., 30, would allegedly call in false fires and reports of gunshots at his neighbor's home to the emergency hotline, said FDNY officials, sometimes as often as twice a day.

● METRO/EAE

# Racist cop rants on Facebook?

► 'Let them kill each other' just one of the comments posted on Facebook about West Indian parade

Some NYPD officers are taking heat for a Facebook feed that allegedly shows them criticizing revelers at the West Indian Day Parade in September — in one instance calling them “animals.”

“Let them kill each other,” one person, whose name matched that of an NYPD officer, wrote on a Facebook group called “No More West Indian Day Detail,” The New York Times reported yesterday.

Another commenter, who identified himself as Nick Virgilio, a name that also matched a police officer on the force, wrote “filth.”

The comments were sprinkled among complaints about police having to work overtime for the parade, where this year a Councilman was arrested and several people were shot.

The Times found that of 150 commenters, 60 percent matched names of city police officers.

At least one officer said his Facebook account might have been hijacked, and others declined to comment to reporters.

**ALISON BOWEN**  
alison.bowen@metro.us

## WE'RE ALL ON THE FRONT LINES STAY ALERT. STAY ALIVE.



TRAIN BOMBING

**CALL OR TEXT  
AGAINST TERROR  
I-888-TIPS-NJT  
TEXT YOUR MESSAGE TO  
NJTPD (65873)**



Purchased with funds provided by the U.S. Department of Homeland Security.

Standard text messaging rates apply.

Chris Christie  
Governor of NJ



Kim Guadagno  
Lt. Governor of NJ

**NJ TRANSIT**  
The Way To Go.



Ads. Art?



► The billboard is now up on 10th Avenue at 18th Street.

## Six figures for High Line

The High Line debuted a new piece of artwork this week: A 25-by-75-foot billboard of a \$100,000 bill, created by artist John Baldessari. ● METRO/EAE



# Items found on LI may be Gilbert's

As the yearlong search for the Long Island serial killer continues, police think they might have found items belonging to missing woman Shannan Gilbert.

Suffolk County police officers combed the area near Oak Beach yesterday, where they found unidentified items that could be connected to Gilbert, according to Newsday.

A spokeswoman for the police confirmed to Metro that 16 officers searched the barrier beach and will resume searching today.

Gilbert was last seen in the Oak Beach area in May of last year while working as a prostitute. Although cops have said they don't

## Search for Shannan

Gilbert's family is planning a vigil this Sunday in Long Island. Dec. 11 is the anniversary of when officers first found the buried remains of other prostitutes.

think her disappearance is connected to a suspected serial killer, the search for her led police to unearth 10 bodies, many of them female prostitutes, buried on or near Oak Beach and nearby Gilgo Beach. Police think all 10 were killed by the same killer.



**ALISON BOWEN**  
alison.bowen@metro.us

## Subway. Art



► Look for close-up images of freshly harvested tomatoes and greens, and even Brooklyn beekeepers.

## Express stop, local eats

The Atlantic Avenue subway hub just got a lot ... healthier? The MTA's Arts for Transit erected a new photo exhibit there yesterday that highlights local farms and purveyors of fresh produce in Brooklyn. Among the places featured are Tenth Acre Farms and Eagle Street Rooftop Farm, both located in Greenpoint, as well as Added Value Red Hook Community Farm. ● METRO/CB

## Metro Magic toy drive



► Thank you to those who have already given.

**1: Log on to [www.metro.us](http://www.metro.us) and look for this Metro Magic logo:**



**2: One click on the logo will take you to a "Wish List" we have set up via a secure link**

on ToysRUs.com. Once there, you can see all the toys we've already requested, with more added daily.

► Some of the toys already donated will be given to nearly 400 children at a holiday party this weekend at the Brooklyn Children's Museum. You can also drop off a toy at the museum until Dec. 9th.

► Any reader who buys a toy through Metro is eligible to win a free 42-inch LCD TV from Kiss Electronics, located at 230 W. 125th St.

## EARN MORE FROM YOUR DEPOSITS

# Make Your Move!

# 1.0% APY\*

LIQUID PREMIER MONEY MARKET ACCOUNT

Call us at **718.230.2900**  
or visit **[www.carverbank.com](http://www.carverbank.com)**

\*ANNUAL PERCENTAGE YIELD (APY) IS AS OF DECEMBER 1, 2011. APY MAY CHANGE AFTER ACCOUNT IS OPENED. MINIMUM BALANCE TO EARN APY IS \$25,000; MAXIMUM AMOUNT ELIGIBLE FOR APY IS \$1,000,000. APY VALID FOR NEW DEPOSITS ONLY. FEES MAY REDUCE EARNINGS.



Member FDIC

**CARVER**  
FEDERAL SAVINGS BANK

BEDFORD STUYVESANT • CROWN HEIGHTS • FORT GREENE • HARLEM • JAMAICA • ST. ALBANS



Your doctor  
retired to where?

Another  
reason to call.

You want an outstanding doctor and we can connect you with one who's right for you. Whether near your home or office, doctors affiliated with Continuum Health Partners hospitals - Beth Israel Medical Center, Roosevelt Hospital, St. Luke's Hospital, New York Eye & Ear Infirmary - are conveniently located throughout Manhattan and Brooklyn. Our doctors participate in all major insurance plans.

Need a great doctor?  
Call (866) 811-7225.

[www.chpnyc.org](http://www.chpnyc.org)

Continuum Health Partners, Inc.

Beth Israel

Roosevelt  
Hospital

St. Luke's  
Hospital

NY Eye & Ear  
Infirmary



► Snow stranded MTA buses on Fifth Avenue during last year's Christmas blizzard.

## MTA prepares for snow, promises a different winter

The MTA wants to get a head start on Mother Nature this winter, in hopes of offsetting damage should another potential Christmas blizzard occur, like the one last year that crippled the city.

The MTA announced yesterday that it now has situation rooms set up and a revamped snow-fighting fleet to handle storms. Vehicles are equipped with ground-temperature sensors, which can tell if the roadway is in danger of freezing.

Transit Authority president Thomas Prendergast testified at a City Council hearing yesterday on bliz-

### 9K

The MTA is stockpiling 9,000 tons of deicer, as well as 102 trucks and 45 snow-fighting vehicles.

zard preparedness and said that this year the MTA is providing new consumer advocates to talk to passengers in case they become stranded on buses or trains in bad weather.

The situation rooms and consumer advocates are brand new this winter, according to MTA officials.

Prendergast also acknowledged failures last year — like the lack of MTA coordination during the blizzard, in which a group of passengers was stuck for hours aboard an A train.

Additionally, Metro-North trains now have two new snow-blowing trucks, a front-end loader and a backhoe to clear the tracks.

The MTA tested the equipment in January and February snowstorms and during the most recent Halloween snowstorm.

 **ALISON BOWEN**  
[alison.bowen@metro.us](mailto:alison.bowen@metro.us)

## Con man hits up tourists

**MIDTOWN.** A Swiss con man convinced out-of-towners to let him "borrow" their credit cards for an emergency, but instead stole \$71,000 from them, the New York Post reported yesterday.

Olivier Rey, 48, allegedly told tourists he

just needed an imprint of their cards to check in to the Sheraton New York Hotel & Towers, and that he would replace it with his own credit card the next day.

One victim, Gary Koelling from Minnesota, said Rey begged him: "I just left my wallet in the cab and I don't know how I'm going to get it back. Can you help me?"

He pulled it off with three different tourists, officials said. ● METRO/EAE

## Stalking conviction

**LONDON.** A New York banker was convicted Monday of stalking his former lover and co-worker. David Gray, 28, was convicted of harassing Daniela Rausnitz, 25, after she transferred from JP Morgan's Big Apple office to London, according to the Daily Mail. Gray reportedly broke into her apartment and would show up at restaurants and hotels where he knew she would be. ● METRO/EAE



## Metro interview

## MAC LETHAL



► Mac Lethal clears the air.

# Hilarious Web texts: Real or not?

► Metro interviews the man behind 'Texts From Bennett' ► Smoking Gun called the site out as a fake

No sooner did the tumblr blog *Texts From Bennett* — which showcases the bizarre worldview of a 17-year-old wannabe thug in the Midwest — go viral then reports surfaced from *The Smoking Gun* alleging that the entire thing was a fake, concocted by 30-year-old rapper Mac Lethal (real name David Sheldon). Lethal, however, has condemned the *Smoking Gun* report as false and malicious. Now he speaks to *Metro* to attest the blog is 100 percent real.

**Is *Texts From Bennett* fake?** First and foremost, it's actually 100 percent not fake. The *Smoking Gun* called my father, and my dad wouldn't tell him who Bennett was. We're not going to give out [his] telephone number, home address or legal birth name. We're protecting a family member. **But aren't you endangering him by putting his texts online?**

www.metro.us

METRO ALL DAY.  
FOLLOW US ONLINE FOR  
THE COMPLETE INTERVIEW.

Based on the texts that I'm putting out, can you go find him? No, you can't. **Does he know about the blog?** He's unaware. He lives in a low-income neighborhood in Kansas City, Kansas. And he doesn't have the Internet. This is apparently surprising to people from outside the Midwest or aren't from areas that have low-income people. **It does seem a little too perfect. Does he know that he's being funny?** He's a very, very arrogant person. I post the things that are funny. They're not the only things we text. It's a 24-hour-a-day thing. There's so much [stuff] that he says that doesn't work.



NATE JONES  
nate.jones@metro.us

## Do you regret making the blog?

The other night I was debating taking it down. [Bennett's] mom is on disability, and if someone

"I'm not looking for people to go 'Oh, OK! I believe!'"

MAC LETHAL

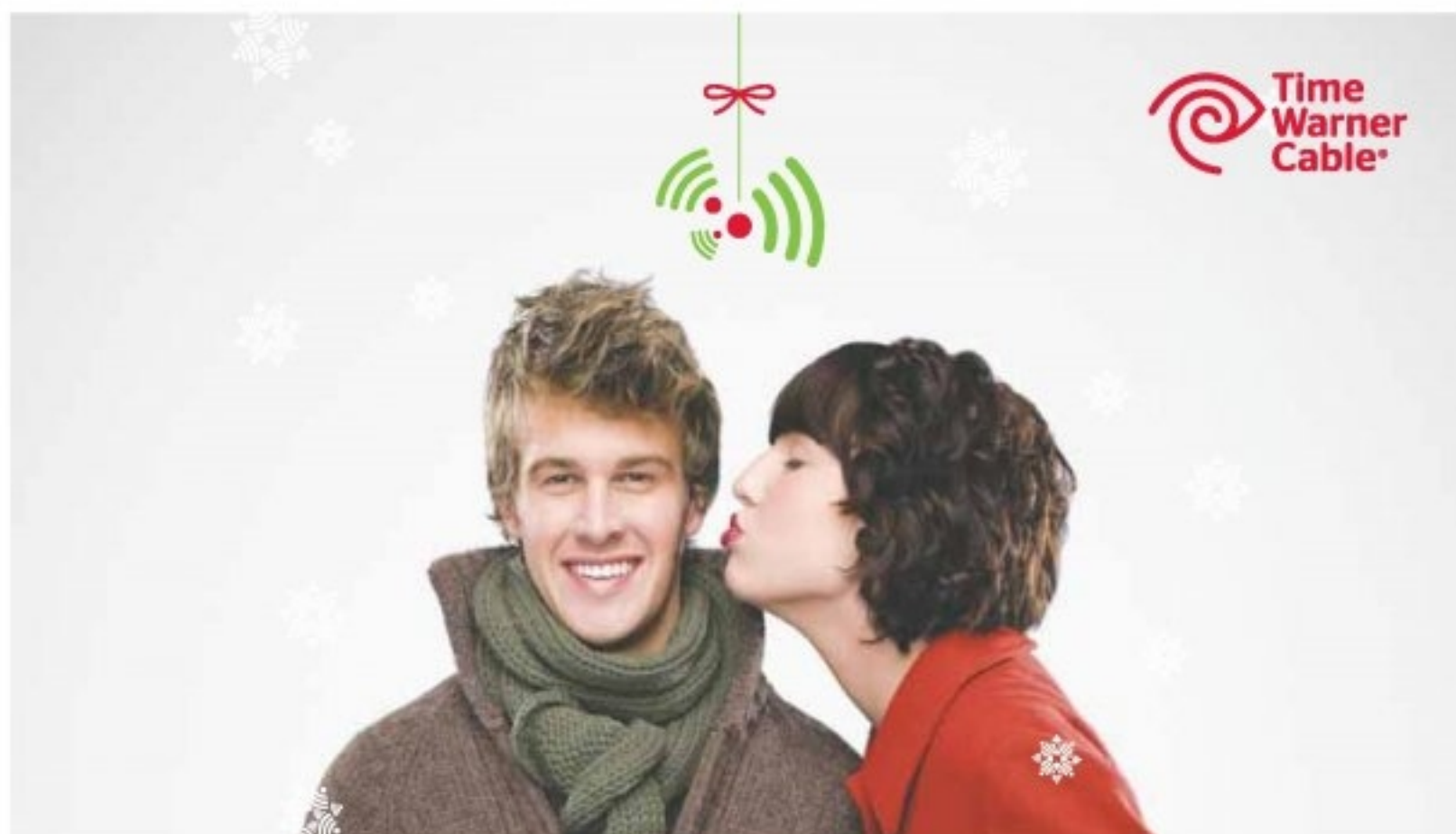
finds out who she is or where she is, they could really do some damage to her. I've battled with it — but at the same time, it's

gotten this big now. I'm not going to not let people enjoy it, people who don't really want to think about it. They don't want to look into whether it's fake or not. And if they do, they can think on their own. They can use their own heads for that. I can't 100 percent confirm everything, and that's fine.

## Suspicious

We asked: Do you understand how people would be suspicious?

"Being suspicious of something is one thing. Reporting that the site is fake is a different thing, especially when the parties concerned are saying it's not. They didn't confirm anything!"



More joy. More laughter.  
More happy ever after.

Order the Triple Play today



**\$89<sup>99</sup>**  
a month  
for one year  
Including DVR service  
FREE for 1 year.

Plus, get HBO® and Cinemax® for \$15/mo. for 3 months.



Switch to the Triple Play for just \$89.99/mo. including FREE DVR service.

1.855.596.6341 @ timewarnercable.com

When you sign up for the Triple Play, you are eligible to upgrade to DVR service and receive DVR service free for 12 months. After 12-month promotional period, unless you cancel, you will be charged the regular rate for DVR service in effect at that time. You may cancel anytime by calling 1.800.TWCABLE.

Offers expire 12/31/11. Offers available to new Digital TV, Broadband Internet and Digital Home Phone residential customers in serviceable areas. Promotional period for Triple Play and DVR service is 12 months, and promotional period for HBO® and Cinemax® is 3 months. After promotional periods, unless you cancel, you will be charged the regular retail or bundled rates in effect at that time for all services. You may cancel anytime by calling 1.800.TWCABLE. All services may not be available in all areas. Not all equipment supports all services. Additional charges apply for equipment, installation, custom installations, taxes, fees, Directory Assistance, Operator Services and international calls. Offers cannot be combined with other offers. To receive all services, Digital TV and lease of a Digital set-top box are required. Some services are not available to CableCARD™ customers. DVR service is an optional service available for an incremental charge. PowerBoost™ provides a burst of download speed when capacity is available above the customer's provisioned download speeds for the first 10 MB of a file. Actual speeds may vary. Subject to change without notice. Other restrictions may apply. HBO® and CINEMAX® are service marks of Home Box Office Inc. ©2011 Time Warner Cable Inc. All rights reserved. Time Warner Cable and the eye/ear logo are trademarks of Time Warner Inc. Used under license.



LEGENDARY



CUFFLINKS INC. | BEATLES COLLECTION

LET IT BE ALBUM COVER STAMP CUFFLINKS

ABBEY ROAD ALBUM COVER STAMPS CUFFLINKS

BEATLES ALBUM COVER STAMPS CUFFLINKS

ADDITIONAL STYLES AVAILABLE

\$85 EACH



SPECIAL FINANCING  
OPTIONS AVAILABLE FOR  
UP TO 12 MONTHS WITH  
THE MICHAEL C. FINA  
REWARDS CARD.

**MICHAEL C. FINA**  
545 Fifth Avenue | New York | 800.289.3462  
[www.michaelcfina.com](http://www.michaelcfina.com)

# Romney staff spent \$100K to hide records

Mitt Romney spent nearly \$100,000 in state funds to replace computers in his office at the end of his term as governor of Massachusetts in 2007 as part of an unprecedented effort to keep his records secret, Reuters has learned.

The move during the final weeks of Romney's administration was legal — but unusual for a departing governor, Massachusetts officials say.

The effort to purge the records was made a few months before Romney launched an unsuccessful campaign for the Republican presidential nomination in 2008. He is again competing for the party's nomination, this time to challenge Barack Obama for the presidency in 2012.



Five weeks before the first contests in Iowa, Romney has seen his position as frontrunner among Republican presidential candidates whittled away in the polls as rival Newt Gingrich, the former speaker of the House of Representatives, has gained ground.

When Romney left the governorship of Massachusetts, the governor's staff had e-mails and other electronic communications by Romney's administration wiped from state servers, state officials say.

Those actions erased much of the internal documentation of Romney's four-year tenure as governor, which ended in January 2007. Precisely what information was erased is unclear. **REUTERS**

When Romney left the governorship of Massachusetts, the governor's staff had e-mails and other electronic communications by Romney's administration wiped from state servers, state officials say.

Those actions erased much of the internal documentation of Romney's four-year tenure as governor, which ended in January 2007. Precisely what information was erased is unclear. **REUTERS**

## Deadly blasts hit Afghans

A suicide attack killed at least 55 people at a gathering of Shi'ite Muslims at a crowded Kabul shrine yesterday in the worst sectarian violence Afghanistan has seen since the fall of the Taliban. The Kabul bomb was the deadliest in the capital since 2008. **REUTERS**

## Obama speech targets GOP

President Barack Obama turned up the heat on his Republican foes yesterday as he portrayed himself as a champion of the middle class and laid out in the starkest terms yet the populist themes of his 2012 re-election bid. **REUTERS**

# stress and weight gain.

oh, the joy of the holiday season.

December is FREE!\*



**new york sports clubs®**

[MySportsClubs.com](http://MySportsClubs.com) • 108 tri-state locations

\*Requires a 1-year membership. Monthly dues are waived from 12.1.11 – 12.31.11. \$29 joining fee plus a processing fee are due upon enrollment. Sales tax where applicable. Not transferable. No cash value. Cannot be combined with any other offer. Expires 12.13.11.

**RATE-LOCK  
GUARANTEE**  
Your monthly dues  
will never increase.



# Take \$10 Off\*



gravity defyer™  
VERSOSHOCK REVERSE TRAMPOLINE SOLE

ORBIT  
TB906MLY

*Styles and selections vary by store.*

## HOLIDAY SPECIAL

*Give the gift of comfort and pain relief*

Exclusively available  
at these fine retailers

**TIP TOP SHOES**

155 West 72nd Street New York, NY 10023  
(212) 787-4960

 **ShoeVillage**

45-32 162nd Street  
Flushing NY 11358  
(718) 762-1990



1583 Coney Island Ave.  
Brooklyn, NY 11230  
(718) 338-3881

**SHOE PARLOR**  
mens and ladies shoes

851 7th Avenue  
New York, NY 10019  
(212) 582-0039

Shop online at [gravitydefyer.com](http://gravitydefyer.com) – use promo code **MR8LCG5** at checkout.

\*\$10 off each pair of non-discounted Gravity Defyer shoes purchased. Valid only at participating retailers. Offer expires 12/19/2011. Applicable taxes and shipping charges apply. Cannot be combined with any other sales, discounts or promotions and not valid for previous purchases. No cash value. Gravity Defyer reserves the right to end the offer at any time without notice. Gravity Defyer reserves the right to limit quantities or refuse orders. Other restrictions may apply – see stores for details.



## Deadline closing in

With just three days left to make nominations for Metro's Man and Woman of the Year event, Steve Jobs, Apple's co-founder, received a large number of nominations yesterday. As Prasad Thothempudi wrote: "Steve Jobs. End of discussion."

The Navy SEAL Team Six, who assassinated Osama bin Laden, received a fresh batch of nominations; and in the Woman of the Year event, Hillary Clinton continues to receive support. The Occupy

metro  
MAN AND WOMAN  
OF THE YEAR  
2011

protestors received several nominations, too.

Nominations close at 5 p.m. on Friday, Dec. 9. From Monday Dec. 12, readers will be able to vote from a short list of nominated people.

Send nominations to [mwoty@metro.us](mailto:mwoty@metro.us).



### ON THE WEBSITE RIGHT NOW!

IF YOU FIND YOURSELF IN A PINCH BEFORE AN EXAM, CHEW ON THIS: A STUDY SUGGESTS THAT POPPING A STICK OF YOUR FAVORITE GUM BEFORE TAKING A TEST COULD IMPROVE YOUR SCORE.



► A sand sculpture, above, captures the modern fear of bedbugs. These parasites can spread with one mating pair.

# Bedbugs: Incest fuels infestations

Like any truly bad roommate, a single female bedbug can infest an entire apartment, a study shows.

Bedbugs inbreed without ill effects, the researchers said, so even a single mated bedbug can lead to a colony of the blood-sucking insects. Three colonized buildings in North Carolina and New Jersey suggested the invasion started with only one or two insects. Another study traced 21 infestations from Maine to Florida and found most began in a single room.

Bedbugs were almost eliminated in the U.S. 60 years ago by the pesticide DDT. International travel

## 100X

The number of infestations from the insects, which feed only on blood, has grown as much as 100-fold since 1990, said disease expert Rajeev Vaidyanathan.

probably aided a resurgence in the past 30 years, said study author Coby Schal.

"This tells us it's absolutely critical to detect bedbugs early," said Schal, an urban entomology professor at North Carolina State University in Raleigh.

BLOOMBERG

# MEDICAID CAN HELP YOU QUIT SMOKING

## ASK YOUR DOCTOR NOW



Medications are covered for Medicaid enrollees including Medicaid Managed Care and Family Health Plus members:

- Nicotine patch, gum, nasal spray, inhaler
- Zyban® (bupropion)
- Chantix® (varenicline)

Quit smoking today. Ask your doctor for help.

Made possible by funding from the Department of Health and Human Services. Zyban® is a registered trademark of GlaxoSmithKline. Chantix® is a registered trademark of Pfizer, Inc.



Michael R. Bloomberg  
Mayor  
Thomas Farley, M.D., M.P.H.  
Commissioner



# A Free Cell Phone And Free Monthly Minutes For New York Residents

Eligible residents may now apply for Assurance Wireless, a Lifeline Assistance program brought to you by Virgin Mobile and supported by the federal Universal Service Fund.

Whether you need a phone for emergencies, or to stay connected, Assurance Wireless provides eligible residents with a free cell phone and 250 free voice minutes each month.

## **Assurance Wireless is Free.**

With no contracts, additional fees or gimmicks, Assurance Wireless is truly the worry-free way to stay connected. You pay nothing, unless you use more than 250 voice minutes a month.

But if you need more voice minutes, you can get them.

## **Want To Talk More?**

Add 250 more voice minutes each month (500 total minutes) for only \$5.

## **Want To Talk and Text?**

Add 750 additional voice minutes (1,000 total minutes) plus 1,000 texts each month for just \$20.

## **Do You Qualify for FREE Cell Phone Service?**

You may qualify for Assurance Wireless based on your household income, if you're on Medicaid or participate in certain other public assistance programs. To verify your eligibility, visit [www.assurancewireless.com](http://www.assurancewireless.com) or call for more information.

Offer limited to eligible customers (varies by state) residing in selected geographic areas and is non-transferable. Assurance Wireless is brought to you by Virgin Mobile USA and is a Lifeline Assistance program supported by the federal Universal Service Fund program. One Lifeline Assistance phone line per household. Additional voice minutes and text messages are 10c each. Domestic text prices are to send and receive. Int'l services are extra. Airtime charges apply when accessing voicemail via an Assurance Wireless phone once free minutes have been depleted. Minimum Top-Up of \$10 may be required. Account may expire 150 days after you receive notice of ineligibility for Assurance Wireless service and account balance may be forfeited. State and local sales taxes and fees may apply. See Terms of Service for details. Nationwide Sprint® Network. Nationwide coverage area reaches more than 278 million people. Coverage not available everywhere. Visit [virginmobileusa.com](http://virginmobileusa.com) to check coverage in your area. Assurance Wireless is subject to the Terms of Service found on [www.assurancewireless.com](http://www.assurancewireless.com)

## **If Eligible, You Get All This – FREE!**

- Free Cell Phone
- Free 250 voice minutes each month
- No Annual Contract
- Voicemail Account
- Call Waiting
- Caller I.D.
- Access to 911 Service

### **Plus:**

- Coverage on the Nationwide Sprint® Network reaching more than 278 million people
- Keep Your Current Number



## **Apply Today.**

It costs nothing to apply for Assurance Wireless, and there's no obligation. Call today to see if you qualify for a free cell phone and 250 free nationwide voice minutes each month. Or, to print an application now, go to [www.assurancewireless.com](http://www.assurancewireless.com)

Call Monday to Sunday, 9AM to 9PM

# **1-877-598-9543**

Or visit [www.assurancewireless.com](http://www.assurancewireless.com)

**assurance**  
wireless   
Brought to you by

**The Worry-Free Way To Stay Connected**



## Court gives Lehman OK to exit bankruptcy

**NEW YORK.** Lehman Brothers Holdings Corp., now just the odds and ends of the global financial behemoth that collapsed in September 2008, received court approval yesterday to exit bankruptcy early next year.

Lehman may now wind down its remaining operations, U.S. Bankruptcy Judge James Peck said. Once a mammoth investment bank and brokerage, Lehman is now a collection of assets including real estate, private equity and banking investments.

At the time of the bankruptcy, Lehman was an international company with businesses and employees around the globe. Many of Lehman's 25,000 employees were saved by asset sales, but thousands still lost their jobs. **REUTERS**



## Global climate deal outlook: Not sunny

► UN head says new treaty may not go forward ► India, China say they shouldn't be punished for sins of the US

United Nations Secretary General Ban Ki-Moon said a global warming treaty may be "beyond our reach" this week as India and China rejected pressure for developing nations to adopt mandatory pollution targets.

India, speaking with the Basic negotiating group of countries that also includes South Africa, Brazil and China, said industrial nations should move first in cutting fossil fuel emissions. The comments marked a hardening of positions that reduces the scope for an agreement.

"Basic countries are not major polluters," Indian Environment Minister Jayanthi Natarajan said.

"They have a small footprint in the context of historical emissions."

After nine days of meetings, envoys from more than 190 nations remain divided about how to extend limits on greenhouse gas emissions once the Kyoto Protocol expires next year. The 1997 treaty capped emissions for in-

dustrial nations. It included no targets for developing nations including China and India, which have since become two of the three biggest polluters.

"The United States is setting an unreasonably high bar for reaching a comprehensive agreement," said Tim Gore, climate policy adviser at Oxfam. **BLOOMBERG**

### Placing blame

China, India and Brazil are pushing industrial nations to extend Kyoto, saying any climate pact must recognize the historical responsibility of the nations that caused the problem to act first.

- The U.S., Canada, Japan and Russia say they want a treaty that requires cuts from all parties.
- The European Union says it will extend Kyoto if all nations agree to adopt a legally binding treaty by 2015.

## GRADUATE SCHOOL OF TECHNOLOGY

Specialize in any major technology area...

### OPEN HOUSE

Dec. 7, 6:30 pm  
43 W. 23 St, 2<sup>nd</sup> fl. NYC

LIGHT DINNER SERVED. RSVP:  
212.463.0400 x 5250  
touro.edu/gst  
info.gst@touro.edu

### Master's Programs in:

- Information Systems
  - ▷ Database Systems
  - ▷ Data Communications
  - ▷ Technology Leadership
- Instructional Technology
- Web & Multimedia Design



scan  
code to  
rsvp



TOURO COLLEGE  
GRADUATE SCHOOL OF TECHNOLOGY  
Preparing Tomorrow's Technology Leaders

Touro College is an equal opportunity institution.

## Stahl Eyecare Experts makes perfect vision the perfect gift!

Treat yourself or someone you love to bladeless

**IntraLase IFS LASIK** + **save \$10000**

limited time holiday offer

Call

**888 744-4806**

or visit

**stahl**

to make an  
appointment for a  
free consultation.

**0% financing**  
**20/20 or it's**  
**free guarantee**



**stahl**  
eyecare experts

MANHATTAN • GARDEN CITY • HAUPPAUGE



# ARE YOU HIV+? NOT ON TREATMENT?



The Aaron Diamond AIDS Research Center is currently recruiting HIV+ adults to take part in a clinical research study at The Rockefeller University. The study is testing a new oral medication that may have anti-inflammatory as well as antiviral activity.



## You may be eligible to participate if you:

- Are 18 years of age or older
- Have not received HIV medication in the past for more than 10 days
- Do not have Hepatitis B or C

## What the Study involves:

- Receiving free medication and monitoring for 48 weeks
- Volunteers receive physical exams and laboratory tests as part of the study at no cost
- Volunteers will receive up to \$400 for study completion



FOR MORE INFORMATION OR TO SEE IF YOU QUALIFY, CONTACT US AT 1-800-RUCARES (782-2737) OR EMAIL US AT RUCARES@ROCKEFELLER.EDU.

# Management

of companies and enterprises will grow 11.4%\*

## How will you prepare?

Let Plaza College help you prepare with:

- Associate through Bachelor degrees
- Day, Evening & Weekend Classes
- Financial Aid for those who qualify
- Career Placement Services



CALL 718.530.0992

[www.PlazaCollege.edu](http://www.PlazaCollege.edu)

74-09 37 AVE., JACKSON HEIGHTS, QUEENS

\* Source: BMO Capital Market and U.S. Dept. of Labor

## Tired of Snoring?

Sleep is not a luxury ... It's a necessity.  
Snoring is a shared problem with a single solution.

MANHATTAN  
**SNORING&SLEEP**  
CENTER

**Our specialists only treat snoring and sleep apnea.**  
Taking a minimally invasive, in-office approach allows you to get quick, safe and affordable treatment, avoid painful surgery and cumbersome masks.

**WHY WAIT?**  
You don't have to live with snoring and its potential health risks.  
We can tailor a plan to treat the cause of your snoring, and give you the quality sleep you need.

Call us at 866-352-0602 to schedule your appointment.  
Visit us at [nycsnoring.com](http://nycsnoring.com) to learn more.

# Paying too much for heating oil?

If you answered yes,  
then you owe it to yourself  
to make a simple phone call today.

Ask how we can help you achieve

**ENERGY SAVINGS OF AT LEAST  
10% – GUARANTEED!\***

Commit to saving energy  
and the environment.

866.539.2476  
[petro.com](http://petro.com)



Heating & Air Conditioning Services

OIL | AC | PROPANE | NATURAL GAS | PLUMBING | HOME SECURITY

\*For boilers only. Savings based on installation of Beckett AquaSmart boiler control. May not be available in all areas. Cannot be combined with any other offer. Subject to change without notice. Additional terms and conditions may apply. NYC Lic. No. 1314079. ©2011 Petro, P\_11313



## myentertainment

## THE WORD



Metro's **Dorothy Robinson** shares her take on the world of gossip [@dorothyatmetro](#) [dorothy.robinson@metro.us](#)

# The Shore gets another scent

[www.metro.us](#)
**MORE GOSSIP**
[WWW.METRO.US/WORD](#)  
DOROTHY ROBINSON'S  
WORD BLOG

## Jolie-Pitt kids want marriage

It turns out the tabloids aren't the only ones constantly asking why **Brad Pitt** and **Angelina Jolie** haven't gotten married. Their six children are just as curious, Jolie admits in a "Nightline" interview with **Christiane Amanpour**. "They have asked, yeah, because they see movies that have the people getting married in the movies. Shrek and Fiona are married," Jolie says. "We've explained to them that our commitment — we decided to start a family — was the greatest commitment you could possibly have."

Could it be? Are the Jolie-Pitt children closet Republicans? Certainly sounds like it.



If Shrek's hitched ...

Not to be outdone by fellow "Jersey Shore" castmembers **Snooki** and **Sammi** releasing their own perfumes, busty reality star **JWoww** is releasing a signature fragrance. The perfume, simply called **JWOWW**, comes out just in time for the holiday season, retailing at such choice outlets as Kmart, Amazon.com and [www.jwowwperfume.com](#).

According to the press release, JWOWW is a "sexy perfume inspired by days and nights down the shore." A

tiny gold JWOWW charm adorns the sleek bottle, which was also designed by the reality TV star.

Classy rebranding from JWOWW here. I love that "fresh air" (see below) is included as one of the predominant "notes" in place of, say, "vomit after a night of Red Bull, 2 a.m. chicken wings and a half case of Miller Lite." That's what I imagine for a smell "inspired by nights down the shore."

And incoming hate mail from Jersey people in three, two, one ...



### Get a whiff!

Just in case we can fool ourselves into thinking this scent wasn't created by a bunch of Chinese child laborers mixing together a bunch of synthetic compounds into something resembling "sweet," there's even a hilarious rundown of the "notes" in

the \$29.99 bottle:

- ▶ **Top notes:** Anjou pear, sparkling citron, fresh air
- ▶ **Middle notes:** Rose petals, geranium blossom, sheer muguet
- ▶ **Bottom notes:** Sandalwood, deep musk, white moss



▶ I know where most men would want to put their nose.

PHOTOS: GETTY IMAGES

### Talking points

## Depp to talk to LAPD

The Los Angeles Police Department is interested in speaking with **Johnny Depp** after one of his bodyguards was accused of assaulting a disabled woman at an **Iggy Pop** concert last week, according to TMZ. According to the filed complaint, **Robyn**



▶ Depp

**Ecker** — who paid \$600 for her tickets to the concert — claims a member of Depp's entourage grabbed her wrists and

wrestled her to the ground after she was dancing too close to his VIP table. Ecker went to the hospital before filing the complaint.

## He won't be Papa Clooney

This might have seemed obvious, given his aversion to marriage, but **George Clooney** has made it official that he has no plans to become a father. "I've always known fatherhood

wasn't for me," he tells Australia's Daily Telegraph. "Raising kids is a huge commitment and has to be your top priority. For me, that priority is my work. That's why I'll never get married again."

## ScarJo still down with marriage

Despite the demise of her two-year marriage to **Ryan Reynolds**, **Scarlett Johansson**

doesn't regret saying "I do," she tells Cosmopolitan magazine. "I'm a big believer that when something feels right, you should do it," she says. "Getting married was the right thing to do because it was natural. It grew out of a romance and love and a desire to have a future with somebody." And Johansson is more than willing to take some of the blame: "Relationships are complicated," she adds. "I think I was not fully aware of the peaks and the valleys."



### The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

**Joel McHale** has a challenge for his fans, **Simon Pegg** is getting his movies mixed up, **Hank Azaria** is getting to the root of his problems and **Conan O'Brien** is starstruck.

▶ **@JoelMcHale**  
Contest: find the account on twitter w/the fewest # of followers & the largest number of tweets. Prize: DVD of the Chevy Chase's Karate Dog.

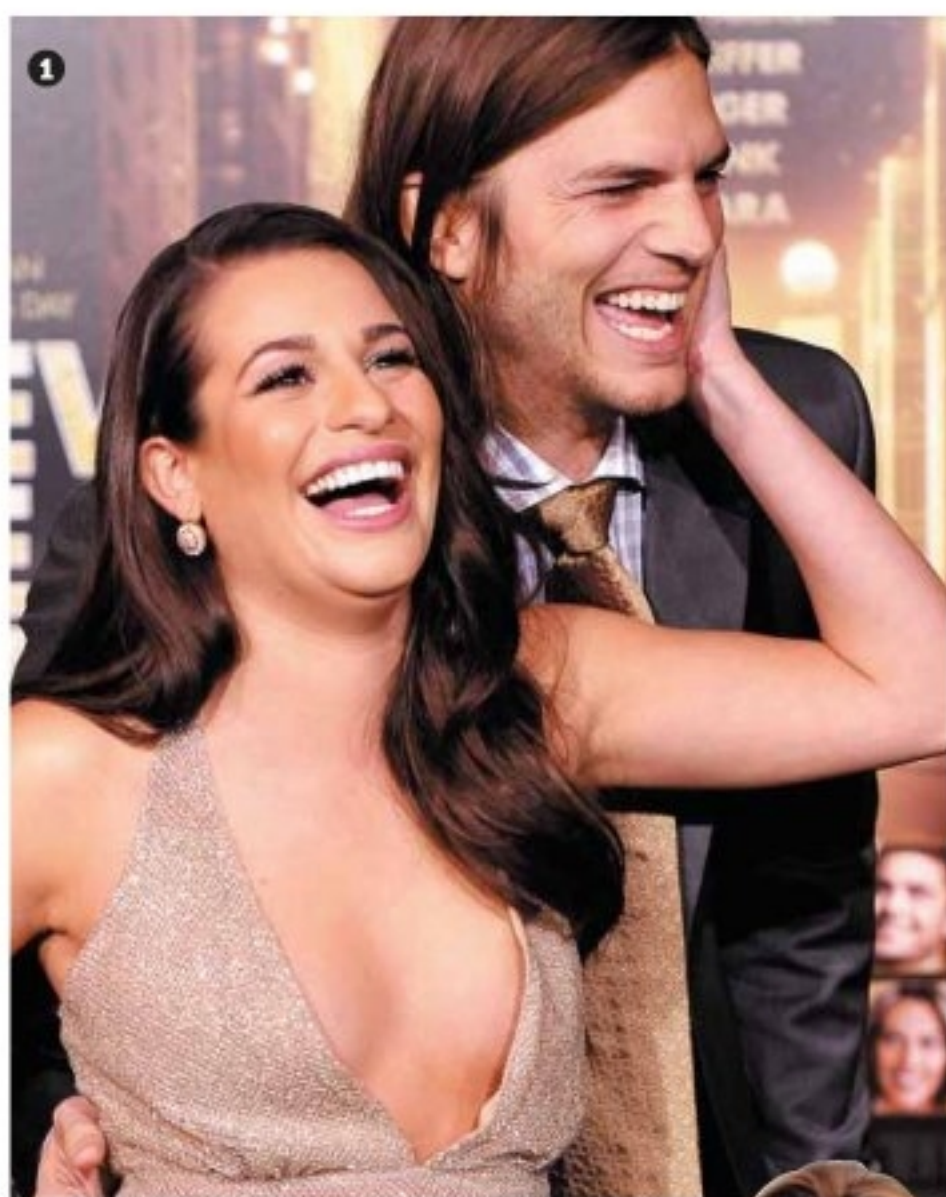
▶ **@simonpegg**  
Slightly confusing doing press for two films simultaneously. Keep talking about Ethan Hunt's faithful canine sidekick, Snowy.

▶ **@HankAzaria**  
I confuse tackle with tickle a lot.

▶ **@ConanOBrien**  
Had a great celebrity sighting today: the @DalaiLama at Chipotle.







### The 'New Year's Eve' premiere and more

1. Demi who? Lea Michele and Ashton Kutcher got flirty on the red carpet at the premiere of "New Year's Eve" in Hollywood, Calif., on Monday.

2. Fergie and husband Josh Duhamel also attended the "New Year's Eve" premiere.

3. Angelina Jolie and Brad Pitt attended the premiere of Jolie's directorial debut, "In the Land of Blood and Honey" at the School of Visual Arts in New York City on Monday.

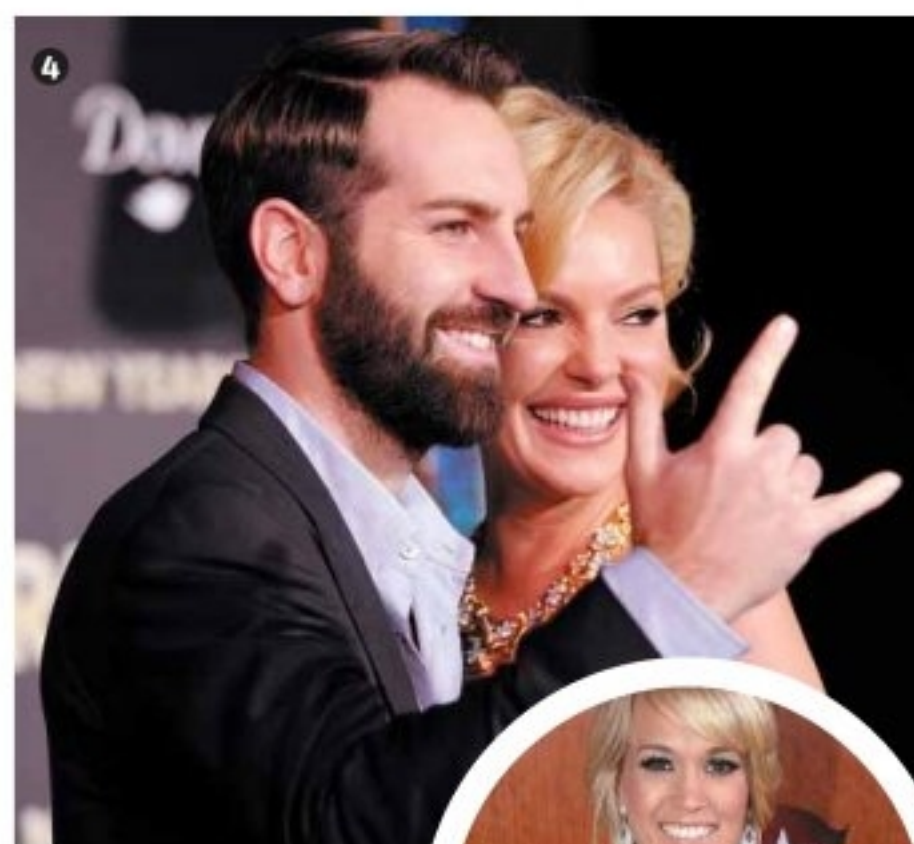
4. Katherine Heigl and husband Josh Kelley also popped up at the "New Year's Eve" premiere. Is anyone in Hollywood not in this movie?

5. Musician Jason Aldean and wife Jessica Aldean attended the American Country Awards 2011 in Las Vegas on Monday. The country singer bagged an impressive six awards, including Artist of the Year and Album of the Year.

6. Carrie Underwood was also at the American Country Awards. She won three awards, including Female Artist of the Year.

7. "Modern Family" star Jesse Tyler Ferguson and Justin Mikita attended the Trevor Project's 2011 Trevor Live! at The Hollywood Palladium in Los Angeles on Sunday.

S.2.A. KEN SIEGARD/KETTY BRAGS  
J. LORAL CORRISS/KETTY BRAGS  
S.6. CHRISTOPHER POIRIER/2011U  
KETTY BRAGS FOR ACR  
T. JASON HURST/KETTY BRAGS



## FIT INTO THOSE SKINNY JEANS

HOW MUCH CAN YOU LOSE IN 6 WEEKS?

- TOP MD BOARD CERTIFIED INTERNIST-ADMINISTERED WEIGHT LOSS PROGRAM
- FAST, HEALTHY AND SAFE WEIGHT LOSS
- PROGRAM IS PERSONALIZED TO YOUR OWN METABOLISM AND LIFESTYLE
- WE USE LATEST TECHNOLOGY WITH NEW BODY COMPOSITION ANALYSIS (BCA)
- NEW FAT-BURNING COMPOUNDS
- 6 WEEK OR 12 WEEK PROGRAMS TAILORED FOR YOU
- ~ ACCELERATED PLANS AVAILABLE
- ~ PACKAGE PRICES AVAILABLE

\*SCHEDULE YOUR \$35 CONSULTATION  
TODAY TO FIND OUT HOW MUCH  
WEIGHT YOU CAN LOSE IN 6 WEEKS

**MANHATTAN MEDICAL**  
WEIGHT LOSS PHYSICIAN

110 EAST 40TH ST., SUITE 606 NEW YORK, NY 10016

**(212) 490-7700**

MANHATTANMEDICALWEIGHTLOSSPHYSICIAN.COM



**DOWNLOAD  
1,000s OF FREE  
E-BOOKS**



**Visit Today!**  
**EDUCATIONOPTION.COM**  
Your World of Education.

## LIMITED TIME OFFER SMART LIPO \$999 PER AREA BREAST AUGMENTATION \$4,500

For your comfort and safety all procedures at our facilities are performed "awake" under local anesthesia.

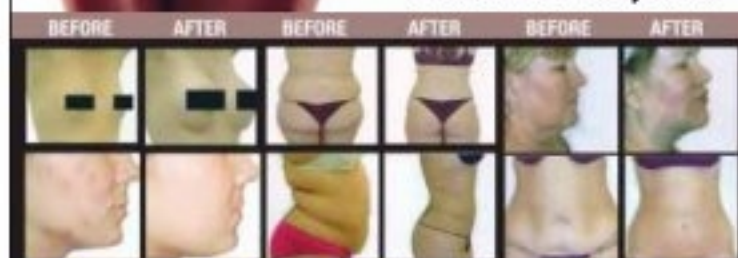
Accredited surgical facility & hospital available if needed.

[www.nybeautysurgeon.com](http://www.nybeautysurgeon.com)

**Free Consultation  
Financing Available**

- HAIR TRANSPLANT
- JUVEDERM
- PEELS
- MICRODERMABRASION
- RESTYLANE
- ACNE & SCAR (LASER)
- BLEPHAROPLASTY (EYE-TIGHTENING)
- NECK/JOWLS (SMARTLIPO)
- RHINOPLASTY
- BOTOX
- BREAST (AUGMENTATION)
- FLANKS (SMARTLIPO)
- ABS (SMARTLIPO)
- TATTOO REMOVAL (LASER)
- LOVE HANDLES (SMARTLIPO)
- BRAZILIAN BUTT LIFT
- LASER HAIR REMOVAL
- Vaginal Rejuvenation
- CELLULITE TREATMENT (ENDERMOLÓGUE TRACTIVE)
- THIGHS (SMARTLIPO)
- VARICOSE & SPIDER VEIN (LASER)

**All Licensed and Board Certified Physicians**



**New York Laser Lipo**  
Surgical & Non-Surgical Cosmetic Enhancement for Men & Women

**Botox® • Juvederm® • Restylane • Radiesse**

**We specialize in curves and buttocks enhancements**

(212) 695-1999

SE HABLA  
ESPAÑOL

(718) 745-7172

Manhattan

Brooklyn

1 West 34th St. Ste. 402, NYC 334 86th St. BKLN, NY 11209

[www.nybeautysurgeon.com](http://www.nybeautysurgeon.com)

16

mymetro

[www.metro.us](http://www.metro.us)

WEDNESDAY, DECEMBER 7, 2011

mytechnology

# Get your gamer the greatest goodies

► Sidescroller picks out a few accessories that will be key for the video game fiend in your life ► Start by getting them their own 'DJ Roomba'

Gamers can be a difficult lot to buy for. You can't get them a game because they probably camped out at Best Buy to get it the day it came out. Here are a few suggestions.

## Sidescroller

**LAWRENCE BONK**  
LAWRENCE.BONK@METRO.US

## Roomba/ Scooba

\$300-\$400

Wait. How would a robot vacuum be a good gift for a gamer? The idiot in your life is probably playing "Skyrim" and that game can suck away hundreds of hours like so much dust. That doesn't leave time for cleaning. Get them a Roomba for vacuuming and its new cousin the Scooba for mopping. Too bad they don't make robots for paying bills or spending time with your family.



## Striiv: Personal Trainer in Your Pocket

\$99

Again, it must be noted that gads of people are currently logging hundreds of hours into "Skyrim." That's a whole lot of couch time. Throw them a health-conscious life raft before their veins turns into General Tso's chicken. The Striiv Personal Trainer pocket device gets people exercising through immense gamification. This touch-screen gadget is filled to the brim with varying goals and addictive games. It doesn't lay on the guilt like a family member, but it'll certainly do in a pinch.

## iWOW 3D

\$59.99

Does your loved one tinker on their iPhone or iPad when they should be paying attention to the world around them? You will never convince them of proper social decorum, so you may as well just get them a cool plug-in speaker for iOS devices. This way you can at least follow along as they play "Infinity Blade 2" or watch "outfit of the day" videos on YouTube. Our favorite speaker set is the iWOW 3D by SRS Labs.

**vada** **Makes it EASY**  
S P A  
[www.VadaSpa.com](http://www.VadaSpa.com)

## Autumn Escape

Get silky smooth skin with our cranberry or ginger mango polish, relax with a 30 minutes Swedish Massage and a Manicure & Pedicure. **just \$99**

**Laser hair removal**  
for first time clients (only)  
Lip or Chin or Underarm - \$99  
Full face, or Brazilian, or 1/2 arm - \$79  
Back or Chest - \$99

**Laser Facial**  
(reduces pigmentation, rosacea, sun damage, and facial veins) - \$99

Vada uses only the latest in laser equipment such as the Cynosure Elite MPX



## Waxing Specials

Brazil Wax - \$25  
Full Body Wax - \$55  
Micro w/Mini Facial - \$55  
Teeth Whitening - \$55  
Shellac manicure & pedicure - \$50

Vada Spa & Laser (212) 206-1572

387 8th Avenue (between Waverly and Greenwich) [www.VadaSpa.com](http://www.VadaSpa.com)

**DENTAL CENTER**  
IN THE  
**CHRYSLER BUILDING**  
42ND AND LEXINGTON

## HOLIDAY INVISALIGN SPECIAL

**\$3599** for a full treatment

**\$2499** for an express treatment

**Please call for a consultation appointment.**

• Lumineers & Porcelain Veneers  
• Implants • Invisalign

EMERGENCIES WELCOME

[www.kakosiandental.com](http://www.kakosiandental.com)

**888-711-0267**

MetLife, Cigna,  
Aetna, Delta,  
Guardian, etc.

Coverage at 100%  
for U.N. Cigna PPO  
Members

0% Financing  
Available

for a limited time





**DOWNLOAD  
1,000s OF FREE  
E-BOOKS**



**Visit Today!**  
**EDUCATIONOPTION.COM**  
Your World of Education.

www.metro.us  
WEDNESDAY, DECEMBER 7, 2011

17

## mystyle

### Shopping events

#### Cyber pop-up shop

DKNY and Bloomingdale's have teamed up to make you very happy this shopping season. The brands have set up three pop-up mobile shops around town where shoppers can browse online for gifts,

have them gift-wrapped and shipped for free all while avoiding the drama of a busy store. And better yet, for every 100 people who enter the Mobile Cyber Shop, DKNY has pledged to help City Harvest feed 370 men, women and children in the area.

**Today: 23rd Street & Broadway, 8 a.m. to 8 p.m.**  
**Friday: Central Park West & Broadway, 8 a.m. to 8 p.m.**  
**Saturday: 13th Street & Ninth Avenue, 10 a.m. to 8 p.m.**



► DIY wine totes

#### Get crafty

Meet DIY maven and founder of P.S. — I made this, Erica Domeseck, at C. Wonder tonight where she'll be showcasing her new collaboration with the brand and helping you create your own gifts. Just in time for gifting season, Domeseck and C. Wonder created three DIY kits to help people personalize and craft their own stocking stuffers, hostess gifts and more.

**Tonight, 7 to 9**  
**72 Spring St.**  
**www.cwonder.com**

METRO



► Mobile Cyber Shop

## Free Seminar & Meditation

- Refine Your Soul & Create Utopia -

by Yoshi Taguchi

Based on the Teachings of  
Master Ryuho Okawa

Master Ryuho Okawa,  
who is the Buddha  
& Savior



**Sun, December 11th**  
**1:30-2:30pm**  
**at Sheraton Lincoln Harbor**

**RSVP: 201-313-0127**  
**www.happyscience-nj.org**

Happy Science NJ - 501(c)(3)  
725 River Rd. Suite 58 Edgewater, NJ 07020

## Professional Foot Care Specialist

20 Years of Experience



- State of the art non-surgical treatment for foot and heel pain
- Minimal invasive procedures for corrections of bunions and hammertoes
- Weekend and evening appointments available
- Most insurance plans honored
- Free consultation ■ Non-injection therapy for heel pain

1 2 3 A B C 4 5 6 N R

**\*FDA APPROVED\***  
**New Cutting**  
**Edge Laser**  
**for Toe Nail**  
**Fungus!**  
**ONLY \$500**

Expires 12/31/11  
Redeem with ad

Offices of Dr. Jeffrey Rosenblatt, DPM • Dr. Larry Cohen, DPM

225 Broadway, Suite 1420  
New York, NY 10007  
212-385-3800  
(Financial District)

375 Jay St., 2nd FL  
Brooklyn, NY 11201  
718-875-9251  
(Metrotech)

Convenient Lower Manhattan & Brooklyn Locations!

Grand Central-Midtown  
15 West 44 St., 8th FL  
New York, NY 10036  
212-391-1279

Long Island Location  
543 Hempstead TRK  
West Hempstead, NY 11552  
516-292-0023

## DENTAL IMPLANTS



We will  
beat or match  
any competitor's  
legitimate written  
estimate

**\$395** \* +Post  
per Implant \$545  
+Crown \$695  
Total \$1,635

\*Implant, abutment & crown must be completed  
at our office to qualify for promotional fees

**Speak with your Smile Today!** Expires 12/31/11

### GRAND OPENING SMITHTOWN

#### Contemporary Dental Implant Centre



**8 Convenient**  
**Locations**

41st & Madison Avenue • Brooklyn  
Valley Stream • Smithtown (Suffolk County)  
Massapequa Park • Scarsdale  
Rego Park • Wall Street

CT Scan-3D Views of the Jaw now available at our Madison Ave. location.

**FREE CONSULTATION**  
Over 2,000 implants placed each year.

**CALL 212-269-9500 TODAY!**  
Se Habla Español **www.395DentalImplant.com** **OPEN 7 DAYS A WEEK**



# MoMA

## Give the gift of MoMA membership

Free Admission, Private Previews, Free Films, \$5 Guest Tickets, and much more!

THE MUSEUM OF MODERN ART  
11 WEST 53 STREET MoMA.ORG/HOLIDAY

## LOW COST PSYCHOTHERAPY

Are you experiencing long-standing relationship difficulties?  
Anxiety? Depression?

Do you feel blocked in achieving success in your career?

Beth Israel Medical Center is offering psychotherapy for people with relationship and occupational difficulties. Treatment hours by appointment. Sliding scale fee.

For more information, call the Psychotherapy Evaluation Unit:  
**212-844-1543**

## JOB PLACEMENT AVAILABLE

Home Health Aide Classes

Evenings, F/T, P/T & Weekends

Call **718-284-7757** or **718-282-8400**

**CHRISTENCHER INSTITUTE**  
of VOCATIONAL TRAINING

18

mymetro

www.metro.us

WEDNESDAY, DECEMBER 7, 2011

## mywellbeing

### Strike a pose

### Yoga pose of the week: Garland Pose/ Malasana

*Note: People with knee injuries should avoid this pose.*

#### What to do:

- 1 Squat with your feet as close together as possible.
- 2 Separate your thighs slightly wider than your torso. Exhaling, lean your torso forward and fit it snugly between your thighs.
- 3 While you keep your feet flat, keep your body weight on your toes as much as possible.
- 4 Press your elbows against your inner knees, bringing your palms together, and resist



► Hold it right there!

the knees into the elbows.

**5** To go further, press your inner thighs against the sides of your torso. Reach your arms forward, then swing them out to the sides and notch your shins into your armpits. Press your fingertips to the floor, or reach around the outside of your ankles and clasp your heels.

**6** Hold the position for 30 seconds to one minute, then inhale, straighten the knees and stand.

#### Benefits:

- Stretches the ankles, groin and back torso
- Tones the belly
- Relaxes your lower back
- Helps constipation

— Pose courtesy of Stephanie Knutsson, Bodyism Yoga instructor

MORE YOGA POSES  
[HEALTH.METRO.US](http://HEALTH.METRO.US)

## FEET HURT?

Benefit from many years of experience helping patients WALK, RUN & LIVE PAIN FREE!



### New Treatment For Heel Pain

- Non-Injection Therapy
- Shockwave Therapy
- PRP (Platelet Rich Plasma)

As seen on the front page of The New York Times

Now Available...

The Most Advanced Techniques for Bunion and Hammertoe Correction

Patient is responsible for all co-payments and deductibles

Most Insurance Plans Accepted Complete Family Foot Care

### If this applies to you... Call today!

The bottoms of my heels hurt all day, but it's worse when I step out of bed in the morning, or when I'm in a sitting position.

I have a large bump behind my big toe (bunion) which is always red and enlarged.

I have corns on my toes which get thicker no matter what shoes I wear.

My toes aren't straight—they are all bent and rotated.

Now Featuring: **GENESIS**

New FDA Laser Treatment For Nail Fungus, Scars & Warts

**CUTERA**



**Dr. Paul Drucker, DPM**  
121 E. 60th St. Suite 3D  
(Between Lex & Park)  
New York, NY  
**(212) 486-7333**

162-15 Highland Ave  
Jamaica, NY • Suite 1D  
**(718) 658-9383**

184 E 70th St.  
(Between Lex & 3rd)  
**212-772-3500**

## GET TESTED

Feel confident and improve your feminine and overall health

**Women's Health Specialist & Gynecologist**  
**Dr. Keith Kelly**

Most Insurance Accepted

**(212) 223-0716**

113 E. 39th Street, New York, NY 10016

### GYN SERVICES:

- STD Evaluation & Treatment
- HPV Testing
- Birth Control
- Vaginal Discharge
- Well Woman Exams
- PAP Smears
- Endometriosis
- Pelvic Pain
- Evaluation of Breast Symptoms
- Menopausal Symptoms
- Varicose Veins & Venous Reflux
- Management for Heavy Periods



## mywellbeing

## Zen in the city

## GABRIELLE BERNSTEIN

AUTHOR OF "SPIRIT JUNKIE"

<http://gabbyb.tv>

— Find Gabrielle Bernstein on Facebook and Twitter.

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

## LET GO OF 2011, AND WELCOME 2012

The only way you'll be able to start the new year fresh is with the right outlook. Let Gabby Bernstein guide you through some winter soul-searching.

The last month of the year offers us the opportunity to shed old ways. Much like the trees must let go of their leaves, we must let go of old patterns to start fresh in the new year. Change can be difficult — but this season, you have the opportunity to make change fun.

Rather than get overwhelmed about what you want to change, make it a ritualistic experience. The same way the leaves change colors before they fall, you too can change your inner life before you make great shifts in 2012. Take time this month to hibernate by spending time in deep contemplation. Get cozy in your local cafe with a cup of hot tea and spend some time reflecting.



► Kiss 2011 goodbye with a good attitude.

Reflect on the year past and plan for the year ahead. Write a list of everything you accomplished in 2011. Then take an inventory of what you'd like to do differently in 2012. Without judgment, reflect honestly and fearlessly on 2011 and make a commitment to yourself that you'll let go of old patterns in order to grow with each new season.

## Stress test



► Don't crack under the pressure!

## Top causes of holiday stress

- 61 percent of people list lack of money as the top cause
- 42 percent said the pressures of gift giving
- 34 percent said lack of time
- 23 percent said credit card debt

► One in five people are worried that holiday stress could affect their physical health.

—Source: American Psychological Association



# It's Our Mission.

## Quality Health Coverage

### Medicaid Managed Care with Fidelis Care

- Health insurance coverage for children and adults in New York State who qualify
- Checkups with your own doctor
- X-rays and lab tests
- Hospital and emergency care
- Dental and vision care
- Speech and hearing services
- Behavioral health services
- More than 48,000 quality providers

Medicaid Managed Care is a New York State-sponsored health insurance program offered by Fidelis Care.

Proof of age, income, and address necessary to enroll.



**FIDELIS CARE®**



To find out if you are eligible for one of our government-sponsored health insurance programs, contact Fidelis Care at:

**1-888-FIDELIS (1-888-343-3547)**

(TTY: 1-800-421-1220) • [fideliscare.org](http://fideliscare.org)

To renew your coverage each year, call 1-866-435-9521



## mywellbeing

# Your brain on music

When you flip through your iTunes collection, isn't it amazing how each song affects your mood so significantly? One can make you feel light and bouncy; another can take you to a dark, depressing place connected to some past memory. Why does this happen?

"Once the emotional link to music is established, our neurological reactions are profound," says Dr. Con-

cetta Tomaino, director of the Institute for Music and Neurologic Function in New York. "Our brain creates hard-wired responses to certain situations that are repeated when listening to the music."

FOR A METRO-APPROVED  
PLAYLIST OF HAPPY SONGS  
[HEALTH.METRO.US](http://HEALTH.METRO.US)



► Maybe she's got some Katy Perry on her iPod.

## Memories are key

The personal connection you have to certain songs triggers the release of feel-good chemicals, like dopamine and sero-

tonin, in the brain. Hormonal changes also occur. "Your brain triggers the release of the 'cuddle' hormone, oxytocin, that promotes feelings of love and trust," says Dr. Michael De Georgia, director

of Music and Medicine at University Hospitals Case Medical Center in Cleveland.

Your mom may also come into play. Maegan Morrow, a music therapist who is working with injured

congresswoman Gabrielle Giffords, believes that our connection with music comes from the way we were nurtured. "A certain voice could make you think of your mother's lullabies," she says.

## Makeup matters, too

A song's structure also makes an impact. Dr. Tomaino says anything faster than normal walking tempo makes us feel energized. But according to Dr. De Georgia, the key to an elating song is one whose rhythm is at the same frequency as our heartbeat, an average of 60-80 beats per minute. Anything below 60 beats can be either sad or relaxing, whereas anything

above 80 can rev you up or cause anxiety:

"Rock music can make you feel euphoric, but a frequency too much above heartbeat causes your brain to release stress hormones," he explains.

Morrow describes rhythm as an external force to which our bodies align. "Our bodies are rhythmic: our steps, our heartbeat, our breath," she says. "Rhythm brings structure to the environment and the body [tries] to align with that beat."

## The happiest tunes

Feelings of happiness are strongly linked to key tone: "Minor keys are often associated with depression and sadness, and major keys with feeling happy," says Dr. De Georgia. Also, higher pitched, generally female sounds are thought to be comforting. But sometimes, it just comes down to you loving the song.

"When we know a song's tonal structure, we feel comfortable," says Dr. De Georgia. "Brilliant musicians such as Mozart and The Beatles managed to tweak a song just outside of the 'comfort zone,' making it unique without entirely losing the plot and going offbeat," he adds.



**ROMINA MCGUINNESS**

METRO WORLD NEWS IN LONDON



**CITYMD**  
URGENT CARE

[www.CityMD.net](http://www.CityMD.net)

- + No Appointment Needed
- + Emergency Room Doctor On-Site
- + Serving Children & Adults
- + Most Insurance Accepted
- + Open 365 Days A Year

**Weekdays 8am-10pm**

**Weekends 9am-9pm**

**Free flu shots while supplies last**

**+ Upper East Side**  
336E 86th St  
212-772-3627

**NOW OPEN!**  
**+ Upper West Side**  
2465 Broadway  
212-721-2111

**GRAND OPENING  
COMING SOON!**  
**+ Columbus Circle**  
315W 57th St  
212-315-2330



myletters&games

Letters

letters@metro.us

We're all made of same stuff

Wake up, already! W. Bush and Obama are the same corrupt puppets and their policies are 99 percent identical. Stop falling for the "divide and conquer" strategy. All people are the same: We want affordable homes and food, we hate potholes, we want love and respect, we hate the second Star Wars trilogy.

REMICK ENZMINGER, BROOKLYN

Unemployed? Here's why ...

RE: "MINIMUM WAGE NOT OUR ENEMY": If not for the

minimum wage law, the employer could get away with not having to pay his employees a decent wage. Minimum wage law does not cause unemployment — but outsourcing does, and is a major cause for unemployment. Until corporations cut back on this practice, unemployment will remain high.

GERALD LARKE, VIA E-MAIL

It is not that the minimum wage destroys jobs, but that it prevents extra jobs from being created. The U.S. Government has simply made it too expensive for employers to hire people. The government playing back-

seat driver to employers is not fair for them — and more so, not fair for the young, poor and unskilled workers who are priced out of the job market because they can not produce the \$7.25/hr that would justify hiring them.

HANS HAUGEN, ASTORIA

We need you, not sure why

Occupy Wall Street, what is your mission? I have searched many of the Occupy websites and there are no tabs that I can click on with a clear "about us," "mission" and/or "vision." Get a mission, get a

vision, get an agenda and get some space! Because the 99 percent does need you, we just cannot figure out what it is that you are doing for us!

CATHLEEN PRATA CISSE, VIA E-MAIL

Congress bows to a false idol

Many members of Congress have signed a pledge promising never to vote to raise taxes. Why is a separate pledge needed when the oath of office sufficiently covers the members' requisite responsibilities? This "no tax" pledge abrogates due diligence and assiduous deliberation. The nation is burdened with a large segment of Congress who have pledged to say, "No, no, no." We've got a bunch of toddlers in Washington.

GLENN HAYES, KEW GARDENS

Horoscope

♈ Sagittarius Nov. 23-Dec. 21. Assume the initiative and direct events yourself instead of waiting on others to lead the way. You're a natural leader with talent many others lack.  
♊ Capricorn Dec. 22-Jan. 19. Others tend to be more responsive than usual, so be sure to make the impression you want — especially when in the presence of someone to whom you're attracted.  
♋ Aquarius Jan. 20-Feb. 19. Substantial gratification can be derived by working on projects that allow you to make improvements. You'll enjoy revamping outmoded things.  
♌ Pisces Feb. 20-March 20. Your one-on-one relationships could hold some surprises, such as the unexpected cooperation of someone who never tends to pitch in and be helpful. Enjoy it while it lasts.  
♍ Aries March 21-April 19. One of the best ways to make money is to market what you love doing. It enables you to spend all your working hours applying yourself to satisfying both your inclinations and your income.  
♎ Taurus April 20-May 20. There is something exciting about you that attracts others: your happiness at finally being able to spend your time doing exactly what you want to do.

♏ Gemini May 21-June 20. Having a considerate and generous attitude actually puts you in the profit column. Lady Luck tends to favor those who care about the welfare of others as well as their own.  
♐ Cancer June 21-July 22. Keeping all of your comments positive enables you to say what you want without fear of anything being resented or misunderstood. It's a good practice.  
♑ Leo July 23-Aug. 22. When you least expect it, you could suddenly get the credit and/or recognition for a kind act or significant accomplishment. In addition to the accolades, a reward could be in the offing.  
♒ Virgo Aug. 23-Sept. 22. When you appreciate the fact that you're enough of a go-getter to pursue something quite meaningful, you'll get busy. Assertive action will bring you the results you desire.  
♓ Libra Sept. 23-Oct. 23. Unless you realize the fact that you have the power and fortitude to alter conditions to your liking, you won't do so. It behooves you to have faith.  
♈ Scorpio Oct. 24-Nov. 22. It's one of those days when it would be best to work in conjunction with others instead of attempting to do everything on your own. An associate could have the talent you lack.  
BERNICE BEDE OSOL

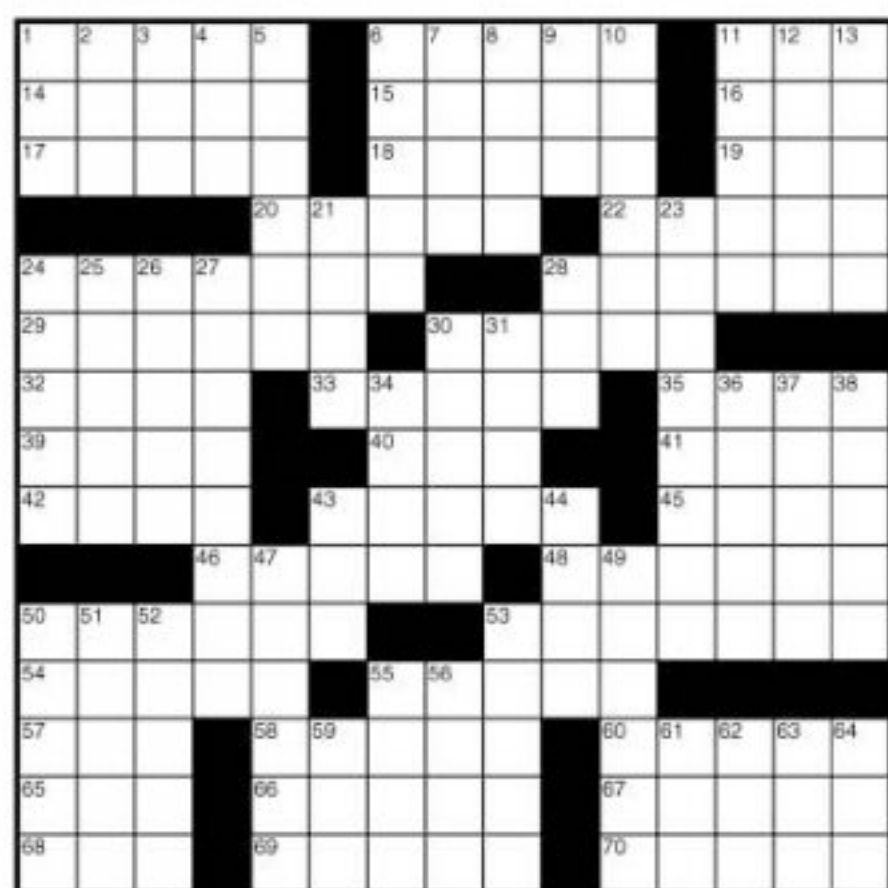
GO TO... METRO.US/GAMES FOR MORE GAMES & PUZZLES

Across

- 1 Jingle
- 6 Kicked around
- 11 Quick punch
- 14 Versifier — Nash
- 15 Take the podium
- 16 Shogun's capital
- 17 Hollow rock
- 18 Pharaoh's textile
- 19 Gore and Capone
- 20 Originate
- 22 — fatuus
- 24 Delinquent(2 wds.)
- 28 Pseudopod possessor
- 29 Blame
- 30 Popped
- 32 Contented sound
- 33 Good-hearted ones
- 35 Vigoda and Burrows
- 39 Two fives for —
- 40 Hex halved
- 41 Push with the head
- 42 Vichyssoise ingredient
- 43 Seismic uplift
- 45 Gawk at
- 46 Black wood
- 48 Telescope lens
- 50 Rubber-stamped
- 53 Muscle builder
- 54 Chili pepper dip
- 55 Billy and nanny
- 57 IRS employee
- 58 Sea World orca
- 60 Type of jacket
- 65 Showery mo.
- 66 Heavy reading?
- 67 Roof overhangs
- 68 Plow into
- 69 Vista
- 70 Dweeb

Down

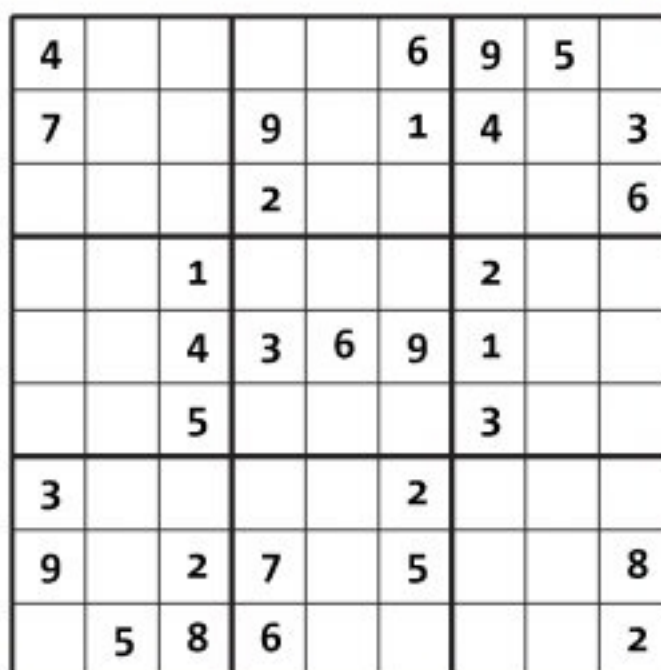
- 1 Machine tooth
- 2 Size above med.
- 3 Altar vow(2 wds.)



- 4 — Jarrett of NASCAR
- 5 Works clay
- 6 Pretty in Paris
- 7 Rainbow goddess
- 8 Barn topper
- 9 Riviera summer
- 10 Blue jeans
- 11 Astrologer — Dixon
- 12 Wing it (hyph.)
- 13 — nova
- 21 Wished undone
- 23 Socialized(2 wds.)
- 24 Kind of bull

- 25 Sharp
- 26 Landslide debris
- 27 Jailers
- 28 — Gratia Artis
- 30 Manilow or Goldwa-
- 31 "Topaz" author
- 34 Harrow rival
- 36 Call, as an elk
- 37 China's Zhou —
- 38 Prow opposite
- 43 Coal scuttle
- 44 Legal wrong

- 47 Tigers and bears
- 49 Mollycoddle
- 50 Famed statuette
- 51 Phi Beta —
- 52 Bedside noise
- 53 Hesitate
- 55 Hunter's quarry
- 56 Comet, to an ancient
- 59 Ad — committee
- 61 Motor City org.
- 62 Festive night
- 63 "The," to Wolfgang
- 64 Parapsychology topic

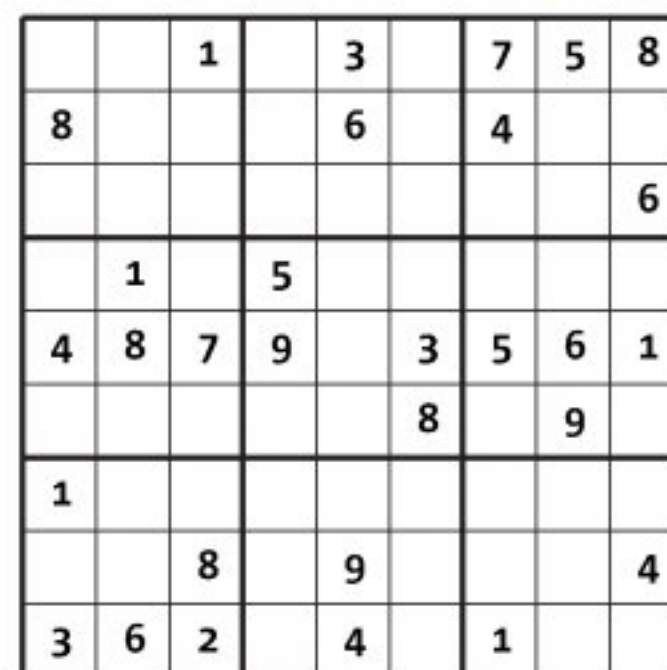


SUDOKU LEVEL: EASY



Solution to yesterday's crossword

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.



SUDOKU LEVEL: HARD

SUDOKU SOLUTIONS: WWW.METRO.US/PUZZLES



To advertise — phone: 646-792-8034 email sales: advertising@metro.us

METRO NEW YORK | Editor in Chief: Tony Metcalf tony.metcalf@metro.us, @edinchiefmetro | Managing Editor: Ron Varriall ron.varriall@metro.us | City Editor: Carly Baldwin carly.baldwin@metro.us | Features Editor: Amber Ray amber.ray@metro.us, @amberatmetro | Sports Editor: Mark Osborne mark.osborne@metro.us | Deputy Features/Careers/Books/ Travel editor: Dorothy Robinson dorothea.robinson@metro.us | Home/Style editor: Tina Chadha tina.chadha@metro.us | Film/Tech editor: Heidi Patalano heidi.patalano@metro.us E-MAIL US: letters@metro.us



# A tale of two Eds

► You are probably familiar with the 'Fireman Ed' ► But this Ed loves Big Blue ► Metro introduces you to Ed Magenheimer, a true Giants superfan

Prior to his team's next home game at MetLife Stadium, Fireman Ed will make his way through the tailgate parties on his way to find his seats for the game. He will be wearing his famous fireman's helmet, celebrating over 20 years of battling the flames and saving lives.

But it's not the Fireman Ed you're probably used to seeing.

Meet Edward Magenheimer, a volunteer fireman for more than 20 years — four of which were spent as assistant chief and then a final four years as chief. A Giants fan since his teen years, Magenheimer, from Eatontown, N.J., goes to four games a year. He won a fan entry for his picture to be on the ticket for the Gi-



► Magenheimer poses with the Giants Justin Tuck, who's wearing his helmet in the photo.

ants' Week 13 contest against Green Bay.

And any connection to Ed Anzalone, the Jets' infamous superfan with his "J-E-T-S, Jets! Jets! Jets!" chant is purely coincidental. Anzalone was in Washington, D.C., on Sunday to watch play the Redskins.

"I go by many names. 'Fireman Ed' [or] 'Fireman Mags' because it's my nick name for Magenheimer, but

**WWW.METRO.US/SPORTS**  
READ MORE ABOUT ED  
AND SEE HIS GIANTS TICKET

mostly 'Chief Ed' and 'Chief Eddie Mags,'" Magenheimer said. "Do I think the name 'Fireman Ed' is tainted? No, that's his name. I'm sure there are plenty of diehard football fans named Ed that happen to be firemen. It

would be neat to find at least one for all 32 teams.

"I'll be just called the 'Fire Chief Ed.' I'm not looking to mock or copy that. He is the 'Fireman Ed.' It just happens that I love being a fireman and I'm a diehard Giants fan. I'm just showing my passion and love for both."

**KRISTIAN DYER**  
sports@metro.us



## Report: Ortiz will return to Red Sox

They might not know how, but the Red Sox reportedly believe slugger David Ortiz will be back in Boston next season.

Ortiz has until tonight at midnight to accept arbitration, which would pay him slightly more than the \$12.5 million he received in 2011.

ESPNBoston reported that the Red Sox were willing to offer two years, \$18 million to him. Either way they expect him to re-sign. **METRO**



### NEWLY CONSTRUCTED APARTMENTS FOR RENT

El Niagro Apartments is pleased to announce that applications are now being accepted for 63 affordable housing rental apartments now under construction at 1800 Southern Boulevard in the Crotona Park section of The Bronx. This building is being constructed through the New Housing Opportunities Program (NEW HOP) of the New York City Housing Development Corporation (HDC), and the Multi-Family Rental - Mod/Mid Program of the Department of Housing Preservation and Development (HPD). The size, rent, and targeted income distribution for the 63 apartments are as follows:

# Apts. Available	Apartment Size	Household Size*	Monthly Rent**	Total Annual Income Range***	
				Minimum	Maximum
5	Studio	1	\$763	\$27,943	\$34,360
13	Studio	1	\$872	\$31,680	\$57,300
2	1 Bedroom	2	\$819	\$29,932	\$34,360
4	1 Bedroom	1-2	\$1,096	\$39,497	\$65,500
9	2 Bedroom	2	\$995	\$36,034	\$39,300
		3		\$36,034	\$44,220
		4		\$36,034	\$49,060
30	2 Bedroom	1/2	\$1,322	\$47,248	\$65,500
		2		\$47,248	\$73,700
		3-4		\$47,248	\$81,600

\*Subject to Occupancy Criteria. \*\*Includes gas for cooking. \*\*\*Income guidelines subject to change.  
(\*) Households of 2 or more will be given preference for 2 bedroom units.

Qualified Applicants will be required to meet income guidelines and additional selection criteria. To request an application, mail a SELF-ADDRESSED STAMPED ENVELOPE to: El Niagro Apartments c/o: The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418, or download from [www.elniagroapts.com](http://www.elniagroapts.com). Completed applications must be returned by regular mail only (no priority, certified, registered, express or overnight mail will be accepted) to a post office box number that will be listed with the application, and must be postmarked by 2/10/12. Applications postmarked after 2/10/12 will be set aside for possible future consideration. Applications will be selected by lottery; applicants who submit more than one application will be disqualified. Disqualified applications will not be accepted. A general preference will be given to New York City residents. Current and eligible residents of Bronx Community Board 3 will receive preference for 50% of the units. Eligible households that include persons with mobility impairments will receive preference for 5% of the units, eligible persons that include persons with visual and/or hearing impairments will receive preference for 2% of the units, and eligible City of New York Municipal Employees will receive a preference for 5% of the units. No Broker's Fee. No Application Fee.



MICHAEL R. BLOOMBERG, Mayor  
New York City Department of  
Housing Preservation and Development  
MATHEW M. WAMBUA, Commissioner  
New York City Housing Development Corporation  
MARC JAHR, President  
[www.nyc.gov/housing](http://www.nyc.gov/housing)



## QUALITY DENTURES THE SAME DAY

NY's Place for same day dentures for over 30 years



**NEW PATIENT PACKAGE**  
MAINTENANCE  
CLEANING  
DIGITAL X-RAYS

With this ad only. One per patient.  
First visit only. Coupon expires 12-31-11

**NEW PATIENTS ONLY**  
ONE  
DENTURE  
RELINING

With this ad only. One per patient.  
First visit only. Coupon expires 12-31-11



Featured on: TopDoc America

on NBC CBS FOX abc

**DENTURE REPAIRS AND RELINES WHILE-U-WAIT!**

Miracle on 35th Street! - Est 1977

Free Consultation Emergencies Welcome Senior Citizens Discounts

MOST INSURANCE ACCEPTED



**212-689-0024**

224 West 35th St., New York, NY  
16th Floor (between 7th and 8th Avenues)

[www.denturecenter.com](http://www.denturecenter.com)

## RUSH PASSPORTS & VISAS

• Passport Renewals  
original/photos  
• All Visas-All Consulates  
• DMV/ License Plates

**IT'S EASY INC**

30 Rockefeller Plaza, N.Y. Concourse level - A licensed private  
service bureau. Pick-up and delivery available  
[itseasyservices.com](http://itseasyservices.com)

**877-33-ITS EASY  
CALL TODAY**

24 Hour Service Available

## ACCIDENT ?

• Car Accidents • Medical Malpractice • Slip & Fall Accidents •  
• Construction Accidents • Workers' Comp • Lead Paint Poisoning •  
• ALL OTHER ACCIDENTS •

★★ DOCTORS ON CALL TO REVIEW YOUR CASE ★★

• FREE CONSULTATION •  
NO FEE UNLESS WE WIN YOUR CASE

**(212)889-2808**

RORY M. SHECTMAN, Esq. • 445 Park Avenue, 9th Fl, New York, NY 10022



# THIS GRETZKY STILL MELTING UP THE ICE

## Opinion

**JASON  
McINTYRE**

SPORTS@METRO.US



While I don't necessarily advocate joining Twitter, since it can be terribly addictive and a massive timesuck, the social media site has produced at least one phenomenon that is tangentially related to sports: Paulina Gretzky.

**Y**es, she's the daughter of the most famous hockey player to ever lace up skates, **Wayne Gretzky**. Paulina emerged on our radar a few years ago as a very good (and attractive) golfer. She's blossomed into a young, 20-something that has gone Hollywood.

With a posse of equally attractive friends, Paulina took Twitter by

storm, mainly through droolworthy photographs. As her star rose online, you know what happened next ... the photos bordered on provocative, and someone must have notified her dad Wayne, because at Thanksgiving, she abruptly quit.

Then, like an early Christmas present, she returned this week. And yes, the stunning photographs are back. Thank me later.

## Marry me in San Francisco

Last weekend was a big one for the San Francisco Giants. No, the 2010 World Series champs weren't active in free agency, but two of their players got married.

**Barry Zito** — the guy

best known for surfing, his perpetual state of Zen, a bloated \$126 million contract and being left off the Giants' 2010 playoff roster — got married to Miss Missouri 2007, **Amber Seyer**. Giants outfielder **Nate Schierholtz** got married on the same day to **Kate Eveland**, a former San Diego State basketball player.

## Sports loser of the week

At the risk of sounding callous, your sports loser of the week is **Brad Penny**. The major league pitcher who has made a cool \$49

million over the last 12 years with six teams (career record: 119-99; career ERA: 4.23) and previously dated actresses **Alyssa Milano** and **Eliza Dushku**, was dumped by his fiancée, dancer **Karina Smirnoff**.

There is a chance you're like me and you watch zero reality TV, so you've never heard of Smirnoff. If so, just know that she's a ridiculously hot dancer on "Dancing with the Stars," and you've probably seen her in the pages of a glossy magazine that your wife or girlfriend or mom reads.



Start following Paulina Gretzky on Twitter. NOW.

GETTY IMAGES

## New York City's Premiere Medi-Spa and Wellness Center



manhattan total health

SPORTS MEDICINE • PHYSICAL THERAPY  
CHIROPRACTIC • ACUPUNCTURE  
MASSAGE THERAPY

**FREE**  
1/2 Hour  
Massage &  
Consultation  
(some restrictions apply)

### GRAND OPENING!

Grand Central:  
144 E. 44<sup>th</sup> St., 6<sup>th</sup> Fl.  
New York, NY 10017  
(212) 905-0090

Midtown:  
22 E. 49<sup>th</sup> St., 5<sup>th</sup> Fl.  
New York, NY 10017  
(212) 832-9127

West Side:  
57 W. 57<sup>th</sup> St., Ste. 1012  
New York, NY 10019  
(212) 906-0140

Wall Street:  
39 Broadway, Ste. 610  
New York, NY 10006  
(212) 514-5868



www.manhattantotalhealth.com

## Forex Trading Seminar for Beginners

Today, investors are looking for new investment opportunities during the recent price swings in the stock market and the global economy. Every day, more and more people are adding Forex as part of their investment strategy to potentially benefit from this volatility\*. As the largest market in the world, with over 4 trillion dollars traded a day, the Forex market allows traders to either buy or sell currencies such as the euro and the Swiss franc.

Join currency analyst Paul Dahav at the Wall Street Academy and learn the basics of the Forex market and trading techniques.

**ForexClub**  
United States

www.fxclub.com/academy  
1 (888) 856-8339

www.fxclub.com | 120 Wall Street, 16th Floor, | New York, NY 10005  
Forex trading involves substantial risk of loss and is not suitable for all investors.



Now is a great time to add Forex to your investment strategy.

Register today to reserve your seat for FREE.

The seminars will be:  
December 1st, 6th, and 8th at 12:30 pm



MANHATTAN DENTAL SPA  
tomorrow's dentistry today

## Dentistry and Plastic Surgery all in one

Come in for a Cleaning, Xray and Exam  
and receive a Free Teeth Whitening and  
**\$100** gift certificate for Botox  
with a **FREE CONSULTATION**

**212-683-2530**

ALL MAJOR INSURANCES ACCEPTED



# Health & Beauty

DIRECTORY

To place an ad call Jennie Klein at 646-792-8039 or email [jennie.klein@metro.us](mailto:jennie.klein@metro.us)

TAKE A SHORT TRIP TO ASIA  
**ALOHA SPA**  
FUN ASIAN STAFF  
massage  
bodyscrub  
table shower  
**212.206.6777**  
W14TH ST BET 7TH & 8TH

**KOBE SPA**  
10AM-1AM  
MASSAGE  
BODYSRUB  
SAUNA  
**212.586.0555**  
23 W56TH ST 2FL NYC

GRAND OPENING  
**YEPPI SPA**  
10AM-1AM  
TABLE SHOWER  
CC ACCEPTED  
**646.707.3928**  
**917.261.6325**  
E10th St Bet 3rd & 4th Ave

**Snowbird Spa**  
GRAND OPENING  
TABLE SHOWER  
COUPLES ROOM  
HOT PAD  
**212.588.0104**  
139 EAST 57TH ST

**RAINBOW SPA**  
\$10 OFF  
with this AD  
West 45th St  
(Btwn 5th & 6th Ave)  
**212.938.1338**

GRAND OPENING  
24/7  
**Blue Moon**  
SPA  
**347.781.8409**  
7TH AVE BET 30TH & 31ST

GRAND OPENING  
**WHITE MOUNTAIN SPA**  
\$10 OFF  
ASIAN BODYWORK  
**212.683.2880**  
435 5TH AVE BET 38TH/39TH

GRAND OPENING  
**SPA VALLEY**  
24 HRS  
CC ACCEPTED  
**212.643.9069**  
**212.779.1235**  
W27TH ST & BROADWAY

# Legal Services

DIRECTORY

To place an ad call Jennifer Clark at 646-792-8042 or email [jennifer.clark@metro.us](mailto:jennifer.clark@metro.us)

**\*DIVORCE FOR \$399**  
**FEINER & LAVY, P.C.**  
325 Broadway Suite 401,  
NY NY 10007  
**212-571-9200**  
\*straight uncontested divorce in NYC (with no children or property to divide. If otherwise price change) \* plus court's filing fees of \$335  
Spangol Attorney Advertisement

**SSI & Social Security Disability**  
court representation  
**Victor Ferrer, certified advocate**  
**347-573-3882**  
**347-692-6902**  
Se habla espanol • No money upfront

**Thoughts of Bankruptcy?**  
Struggling with debt? Not getting ahead?  
Filing bankruptcy can be your way out of debt  
**Bankruptcy done right at the right price**  
**Jay Simon, Attorney**  
718.222.4619  
32 Court Street, Suite 805, Bklyn  
Change begins with one call

## \$ INJURED? HURT? \$ NEED MONEY NOW? \$

**Broadway Funding Group can help!**

**We have an easy 2-Step process.**

Step #1 - Call 1-877-70-GET-CASH (1-877-704-3822) to apply.  
Step #2 - Come get your cash...\$500 to \$50,000 right away.

*You don't have to wait for your personal injury case to settle.*

**Let Broadway Funding Group help you today!**

**Call 1-877-70-GET-CASH  
(1-877-704-3822) NOW!**

**Medical Research**  
Check out Metro's Online Medical Research Directory at [health.metro.us](http://health.metro.us)  
To place an ad call Brett Luman at 646-792-8008 or email [brett.luman@metro.us](mailto:brett.luman@metro.us)

A Clinical Research Opportunity for COPD

## Living with COPD?

Emphysema and chronic bronchitis are two forms of COPD.

**A local clinical research study needs participants with COPD.**

If you qualify today, you may receive:

- No-cost study-related drug
- No-cost study-related care
- Possible compensation up to \$525 for time and travel

No medical insurance required.

**Act Now: 877-563-1472**  
Visit [www.COPDclinicalStudy.com](http://www.COPDclinicalStudy.com)

RESEARCH STUDY

## Have you been exposed to second-hand smoke?

If you are at least 40 years old and have never been a smoker, you may qualify for a research study being conducted at

### The Mount Sinai Medical Center

This research program studies the effects of second-hand smoke exposure on people who have never smoked. It offers early detection of lung cancer, cardiac disease, and other diseases by low-dose computed tomography (CT), a type of imaging test.

If you qualify for the study, the screening CT scan and all study-related procedures are **AT NO COST TO YOU.**

**You will be compensated \$25 for your time and effort.**

For more information regarding this study, please call a study coordinator at **212-241-2420**

GCO #09-2017 MSSM IRB Approved 12/31/11  
Principal Investigator: Dr. Claudia Henschke

## ARE YOU TRAUMATIZED?

PSYCHOTHERAPY RESEARCH STUDY FOR PTSD

*If you are suffering from Posttraumatic Stress Disorder (PTSD), you may be eligible for a no-cost psychotherapy research treatment study at the Columbia University / New York State Psychiatric Institute.*

IF INTERESTED, PLEASE CALL THE ANXIETY DISORDER CLINIC:  
**(212) 543-6747**

**Participate in a Research Study!**

Call **212-994-4567**

Clinilabs is currently enrolling healthy male and female participants over the age of 65 in a research study. Financial compensation and travel will be provided.


To Qualify Participants Must:

- Be between 65-85 years of age.
- Be in general good health.

Eligible Participants May Receive:

- Financial compensation up to \$3050.
- Transportation, study-related medical exams, and study-related medication or placebo at no cost.

**Contact Us Today.**  
212-994-4567  
[participate@clinilabs.com](mailto:participate@clinilabs.com)  
423 W. 55th Street, 4th Flr NYC  
[clinilabs.com/seniors](http://clinilabs.com/seniors)

CLINILABS  Get social with us!  
Follow us on Facebook, Twitter & YouTube



# metroclassifieds

**in print & online**

**TO PLACE AN AD:** ☎ 866-900-9473 🌐 CLASSIFIEDS.METRO.US 📧 NEWYORKCLASSIFIEDS@METRO.US

**CLASSIFIED**  
AD DEADLINE: 6PM TWO  
(2) BUSINESS DAYS BEFORE PUBLICATION

**IMPORTANT INFORMATION:**  
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro U.S. reserves the right to edit, reject, correct or reschedule an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any errors, for any error or omission in any ad.

**Real Estate/Sale**



**PUBLISHERS NOTE**  
All real estate advertising herein is subject to the Federal Fair Housing Act of 1968 and state and local fair housing laws. The Fair Housing Act makes it illegal to advertise any preference, limitation or discrimination on the basis of race, color, religion, sex, handicap, familial status, or national origin or an intention to make any such preference, limitation or discrimination. State or local laws may make unlawful advertising that discriminates on the basis of age, marital status, or sexual orientation. Metro U.S. will not knowingly accept any advertising for real estate which violates the law. The law requires that all dwellings advertised are available on an equal opportunity basis. If you have any questions regarding housing discrimination, call the Long Island Housing Services at (800) 660-6920 in Long Island or the Anti-Discrimination Center at (212) 346-7600 in New York City. To file a complaint call HUD toll-free at (800) 669-9777 or the New York City Commission on Human Rights at (212) 306-7500.

## Homes

Bed Stuy 3 fam Brownstone, 3 br duplex/3/2, 6 bths. Owner 347-465-6400

**BROWNVILLE** - 6 family. Good location. Vacant. Immediate sale. Call Owner for additional information and details. 347-731-0805

111 Ave St Albans Det 2 Family 6 1/2 BR, on cash flr, living & dining, 3 baths, finish basement, Only \$209K. Call Aft Ray 347-901-1089

112 St Albans Bank Owned Over 2 fam 6 bns 3 bths 4 bths huge fin bsmt pvt drwgar \$1800/mo r/mo \$2000/mo OC Aft Nodine 347-543-2995

130 Av SPRINGFIELD GRDN 1 Fam det 4 bns, 3 full baths, pvt drwgar, garage, fin bsmt, big bkrd, only \$129K. \*\* Owner 917-403-4043 \*\*

**JAMAICA** 2 FAM BRICK Fully det 6 1/2, 5 baths, full bsmt, pvt driveway. Price \$209K. \$2000 O/C. Call Johanna 718-581-8888

**JAMAICA** 2 FAMILY DET 6 1/2 br on cash flr, LR/DR, 3 bths, 3 ba, full fin bsmt, pvt drw, \$2000/mo, \$1250 D/P OC. Call Pete 718-740-3400

LAURELTON #1 Fam, Close to All, 3 Bdrms, 2.5 bths, Det, Big Bkrd, Pvt Drivay, Low Down, Owner pays closing costs, Owner 516-972-0866

## Homes

**RICHMOND HILL** Beautifully renov 2 fam, 32 bns, 3 full bths, fin bsmt, Near all, Owner help with closing. \* Must sell asap. 516-523-9070 \*

**Springfield Gardens** Best Deal! 1 fam det 4 bns, 2 full bths, fin bsmt, pvt drwgar \$1610 mo r/mo \$2000 D/P OC Call Aft Claude 718-514-0094

**Springfield Gardens** Great Deal! 1 fam det 4 bns, 2 full bths, fin bsmt, pvt drwgar, Only \$179K. \$2000 D/P OC, Call Aft Noyes 917-986-5895

**Springfield Gardens** 2 Family Det, 6 1/2, 3 bths, full finish basement, Only \$209K. Ask for Aft Billy 718-810-1286

**Real Estate/Rent**

## Miscellaneous

**BEAUT HOTEL** FREE BREAKFAST/LUNCH w/ JACUZZI's from \$75-\$95 per night \* 315 95th St, Bay Ridge 718-748-8995

**EAST NEW YORK** Spacious Furnished Room, Nice & Clean, Very quiet, \$160/wk. Call Owner 718-825-3940

**ROSEDALE** Beautiful Furn Rm for Rent W/ Cable & Internet, Share Kit & Bth, Near All, \$175/Wk, Non-Smkr, No Pets, Call Owner 917-612-3410

## Apartments

**FORDHAM & SOUNDVIEW AREAS** 3 BR @ \$1400/mo, Sec 8 OK, Elevator Bldg, New Appliances, Call: 347-623-3202 / 347-307-7955 / 646-491-4943

140s Stuy \$750 1283 Br HASA/58 170s 1br 800 new 2br 58 renv 3br 1212 180s elev 1br 895/58 2br renv 780 3br 58 Hts Pt 1br 847 2br 94 Moshulu elev 1br 990 2br 58 Sunson Re 718-665-3333

**MOSHOLU VIC.** \* 1 BR APT, LR, KIT, BATH, CALL OWNER/SUPER BETWEEN 9AM & 5PM FOR APPOINTMENT 347-251-1641

**Southern Bronx Locations** Immediate Studio, 1, 2 & 3 BR Apts Avail, Newly Renov Units, Lge Open Flr space, 564/mo & up Owner 718-620-1345

**Bed Stuy, Consume, Crwn Hts & Fltbn** \* 1 Br \$1000 - \* 2 Br \$1250 - \* 3 Br \$1400 - www.classicworld009.com ONE WORLD RE 718-604-7800

\*\*\* BED STUY \*\*\* 3 BR APT, Near trans, HPD okay, 1 mo rent, 1 mo security, \$1800, Owner 347-219-1562, 10am-7pm.

**Crwn Hts** Utilita-Sterling Reno 1 Br hvald flrs \$1000 hght water incl Rent Shable 3rd fl, Near 4 Train NO Fee owner Jonathan 718-972-1800 ext 229

**East New York** 2 Bdrn Apt, Partially Furnished, Nr Transp, Owner 718-235-5069

\* E. Fltbnsh & Brooklyn All Areas \* \* Studios \$700 & Up \* 1 BRs \$800 & Up \* 2 BRs \$1100 & Up \* 3 BRs \$1100 & Up C-21 ACHIEVERS 718-339-0480

**FAR ROCKAWAY** NEWLY RENOV 1 Bdrn Apts \$900/mo Near all conveniences, Refs Req'd, OWNER 917-440-2465

**BRONX** 1 BEDROOM APTS, Starting at \$925 Transp. near by. Call 212-752-2670 After 5pm Sat., Call 718-644-4098.

**QUEENS STUDIO and 1 BEDROOM APTS.** Near Transportation Call 212-752-2670 from 9am-5pm.

## Apartments

**Brooklyn, Queens, Bronx, & Yonkers AFFORDABLE HOUSING PROGRAM**

**NOTICE TO THE PUBLIC**  
ATTENTION New Yorkers  
You Can Own A Home! START WITH ONLY **\$1500!**

Renovated Move-In Condition Homes Available In Brooklyn, Queens, the Bronx and Yonkers.

MOVE IN WITHIN 30 DAYS OR LESS. All homes come with new kitchens, new bathrooms and complete basements. Seller pays all allowable closing costs.

All you need is 3.5% TOTAL MONIES and you could become a homeowner. Good, Bad, or No credit, All Cases Processed.

Open 7 days and evenings for this event  
**MUST REGISTER IN PERSON**  
CALL NOW FOR AN APPOINTMENT  
**718.480.7000**

**Y Rent NY LLC**  
NYS Licensed Real Estate Brokers  
116-10 Queens Blvd., Forest Hills, NY 11375

[www.yrentny.com](http://www.yrentny.com)  
Hablamos Español

## Commercial

**HARLEM / 125th St OFFICE SPACE** for Rent, 2000sq. ft. of Office space for Trade School or Medical Office, 11mi. Drivay, Call 718-304-3349

## Rooms

100's Available, All Boroughs Private Entry Bath Cooking 1 Person/2 Person \$125/wk/up room rentals 212-697-3962

**Affordable Furnished Rooms in Manhattan**

Utilities Included Some Day Move In Cable, TV, Internet No Credit Check \$125 per week Call 212-862-0457

## Business Opportunities

**Sealed bids** will be received at HeartShare Human Services of New York 12 MetroTech Center, Brooklyn, NY 11201 attn: Purchasing Department until 12:00 PM on December 20, 2011 for meal catering service at 5 schools, 3 in Queens and 2 in Brooklyn. Specifications for 5400 daily breakfasts, 6800 daily lunches, and 0 daily snacks may only be obtained by contacting Ms. Carol Verdi (718) 323-2877 x1380 at HeartShare Human Services of New York weekdays between the hours of 8:30 AM and 4:30 PM. All work will be conducted in strict accordance with bid specifications. Bids will be opened and read by Ms. Carol Verdi and HeartShare's Purchasing Department on December 21, 2011 at 10:00 AM at HeartShare Human Services of New York Headquarters located at 12 MetroTech Center 28th fl, Brooklyn, NY 11201.

## Apartments

**Brooklyn, Queens, Bronx, & Yonkers AFFORDABLE HOUSING PROGRAM**

**NOTICE TO THE PUBLIC**  
ATTENTION New Yorkers  
You Can Own A Home! START WITH ONLY **\$1500!**

Renovated Move-In Condition Homes Available In Brooklyn, Queens, the Bronx and Yonkers.

MOVE IN WITHIN 30 DAYS OR LESS. All homes come with new kitchens, new bathrooms and complete basements. Seller pays all allowable closing costs.

All you need is 3.5% TOTAL MONIES and you could become a homeowner. Good, Bad, or No credit, All Cases Processed.

Open 7 days and evenings for this event  
**MUST REGISTER IN PERSON**  
CALL NOW FOR AN APPOINTMENT  
**718.480.7000**

**Y Rent NY LLC**  
NYS Licensed Real Estate Brokers  
116-10 Queens Blvd., Forest Hills, NY 11375

## Business Opportunities

**Business Close Down** Tutti Restaurant 1168 Glenmore Ave. Brooklyn, NY 11208 Sale for \$5K Contact: Hingri Victoria 718.277.3736

**Legal Notices**

**NOTICE OF FORMATION OF** 249 Realty LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 11/10/2011. Office location: Queens County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall forward process to: 83-45 Broadway #524, Elmhurst, NY 11373. Purpose: real estate rental.

**NOTICE IS HEREBY GIVEN** that a license, serial # 1259227, for wine & beer has been applied for by the undersigned to sell wine & beer at retail under the alcoholic beverage control law at 97-09 64th Avenue, Rego Park, NY 11374 for on-premise consumption. Queens Saki Sushi Inc.

**NOTICE IS HEREBY GIVEN** that a license, serial # 1259197, for liquor, wine & beer has been applied for by the undersigned to sell liquor, wine & beer at retail under the alcoholic beverage control law at 341-343 Avenue U, Brooklyn, NY 11223 for on-premise consumption. Posh Entertainment Corp.

## Healthcare

**OPEN HOUSE**  
Career in just 6 months  
Are you a Healthcare professional?  
Want to be a Sonographer  
Clinical Research Associate  
Physical Therapy Aide  
Classes:  
Downtown, Brooklyn  
\*201 880 4603  
Dec. 14th (3 - 7PM)

## Customer Service

Grand Opening Now Hiring immediate hire

Entry level and no experience needed. Customer service, sales, production worker positions available. Employees receive weekly pay and full training. Please call 917-586-2775

**Jobs**

## Art / Media / Writers

Dancers Wanted \*F/T\* All Ages/Sizes, Salsa, Merengue, Hip Hop or Club etc. Highest Comm. NO FEE REQ'D. IMMEDIATE HIRE! Call 866-794-4477

## Healthcare

**SS Foster Homes Needed!** \$5 Respite financial assistance & help a child. Foster homes needed in NYC & Westchester. Call toll free 800-454-3727 www.FosterCareNetwork.org

**PERMAY AGENCY \* JOBS \* JOBS** Restaurant, Cashier, Factory, Housekeeper, Nanny, HHA & more! FEE 718-764-6650 718-672-9832

Airline Now Hiring, Major Airline & JFK, LaGuardia, & Newark Airports Now Hiring. NO EXPERIENCE NECESSARY, \$11.75/2hr - benefits. Call 212-629-1777, FEE

## HR / Recruiting

**OPEN HOUSE**  
Career in just 6 months  
Are you a Healthcare professional?  
Want to be a Sonographer  
Clinical Research Associate  
Physical Therapy Aide  
Classes:  
Downtown, Brooklyn  
\*201 880 4603  
Dec. 14th (3 - 7PM)

## Customer Service

Grand Opening Now Hiring immediate hire

Entry level and no experience needed. Customer service, sales, production worker positions available. Employees receive weekly pay and full training. Please call 917-586-2775

**Jobs**

## Art / Media / Writers

Dancers Wanted \*F/T\* All Ages/Sizes, Salsa, Merengue, Hip Hop or Club etc. Highest Comm. NO FEE REQ'D. IMMEDIATE HIRE! Call 866-794-4477

## Healthcare

**SS Foster Homes Needed!** \$5 Respite financial assistance & help a child. Foster homes needed in NYC & Westchester. Call toll free 800-454-3727 www.FosterCareNetwork.org

**PERMAY AGENCY \* JOBS \* JOBS** Restaurant, Cashier, Factory, Housekeeper, Nanny, HHA & more! FEE 718-764-6650 718-672-9832

Airline Now Hiring, Major Airline & JFK, LaGuardia, & Newark Airports Now Hiring. NO EXPERIENCE NECESSARY, \$11.75/2hr - benefits. Call 212-629-1777, FEE

## HR / Recruiting

**IQ TESTED**  
THE NEW YORK CITY TEST CENTER offers for a limited time, free intelligence and personality tests. Your IQ, personality and aptitude determine your future. Know them. No obligations.  
227 West 46th Street - New York City, NY  
Phone: (212) 921-1210  
Open 7 days a week from 9:00 am - 10:00 pm  
©2007 CNY. All Rights Reserved. SCIENCELOGY and SCIENTOMETRIC are trademarks and service marks owned by Religious Technology Center and are used with its permission.

## Security / Law Enforcement

**FRONT DESK GUARDS NEEDED**  
NO EXP REQ. PAYING UP TO \$13.25 CALL HR 347-246-9305

**A BETTER CAREER CHOICE**  
Up to \$19/hour. Call 718-772-8318

**A BETTER CAREER SECURITY**  
No exp necessary. F/T/PT poss. fee Up to \$18.50/hr. Must be avail ASAP. \*\* OPEN 24/7 AT 212-470-5641 \*\*

**ABSOLUTE ACCESS GUARDS**  
F/T/PT positions, up to \$18/hr. No exp nec. No HS diploma/GED required. Call HR: 347-785-6988

**Absolute Security Guards Wanted**  
No exp necessary. F/T/PT poss. fee Must be avail ASAP. Up to \$18.50/hr. \*\*\* Call 718-654-2234 \*\*\*

**AMERICAN CORP. SECURITY**  
Administrative services management, bilingual a - . Up to \$30.585/week. Contact help desk: 347-513-6687

**\* ARMED / UNARMED \***  
Immediate Hire. No exp. nec. Will train. Ho HS or GED. F/T/PT with benefits. Up to \$26/hr. Call 800-837-8503

**ATTENTION**  
\$1000 - PER WEEK/AVG  
\*\* Unlimited Earnings \*\*  
Some Sales Experience Required  
TRAINING PROVIDED  
For Accepted Applicants  
Call for Interview 1-866-330-3829

## HR / Recruiting

**IMMEDIATE ATTENDANTS/ FRONT DESK/CLERKS**  
No exp. Nec Full and Part Time UP TO \$17 PER HOUR All 5 Boros MUST BE ABLE TO START IMMEDIATELY Taking calls till 9pm Open Saturdays for interviews For immediate interview contact Mr. Columbo at (212) 867-6380 or email newyorkjobs22@gmail.com

## General Help Wanted

**Looking for PT Sales Clerk**  
Rep, Pay Roll, Mystery Shopper, Accountants Payment Rep As part of our expansion program, we are looking for part time sales clerk Rep, Pay Roll, Mystery Shopper, accountants payment rep are needed. Your have a lot to gain plus benefits and takes only little of your time, must be 18 yrs and above, if you are interested and need more information, Please email us to : photovolticem payment@gmail.com

**CERTIFIED HOME HEALTH AIDES**

*Put your compassion to work.*

**Come to our OPEN HOUSE every Thursday and Friday from 9:00am-2:00pm.**

**We are located at 5073 Broadway and 216th street, NY, NY.**

Isabella Visiting Care, Inc. a NYS licensed home care agency serving Manhattan, Brooklyn, Bronx, Queens and Westchester has immediate openings for energetic and caring Home Health Aides.

**ALL CREDENTIALS REQUIRED**

- Flex schedules
- Immediate Work
- Paid time Off
- Need Live Ins - All Boroughs
- Bilingual/English
- We offer Training

**WE ARE ALSO SEEKING:**

- LPN's - Must have current NYS license
- Certified Nursing Assistants - Must be mature, courteous and sociable. Positions are for our Platinum Division. Must be available to work some evenings.

**We offer excellent pay and union benefits**

**isabella**  
Welcome to our family.

**For an immediate interview, call 212-342-9600 or e-mail your resume to: ivciapp@isabella.org**



# metroclassifieds

**in print & online**

**TO PLACE AN AD:** ☎ 866-900-9473 🌐 CLASSIFIEDS.METRO.US 📧 NEWYORKCLASSIFIEDS@METRO.US

**CLASSIFIED**  
AD DEADLINE: 5PM TWO  
(2) BUSINESS DAYS BEFORE PUBLICATION

## Jobs

### General Help Wanted

**Start Earning Right NOW!**  
Tired of Waiting on the Economy?  
Get Paid Daily! Every 24 hours!  
Earn \$1000's Weekly!!  
Fun and Easy!  
www.opbnow.com  
877-531-2008

**Appt. Setters needed**  
Busy NEW Office, Immed Hire, No exp. will train. Mr. subway 570 Wdy Comm. - Call for appt. 718-324-6101

**AA, Office Help/Career Personal**  
FT/PT, Large corp. Busy office, Mat. Ind. Will train. Immed. Hire. No exp. 5800 WKL. COMM. - 718-850-7688

**Admin Asst/Hom. Health Aide PT**  
Bilingual/En/Spanish A+. Flex Hrs. Mon-Sun, Queens Local. Will train. reliable person. Call 718-827-8776 X2

**APPT. SETTERS FT/PT**  
Busy Office, Hire Immed, No Exp. Mr. Sub. 570 Wdy Comm. - Call 718-291-1562

**CAREER OFFICE HELP**  
FT/PT, HIRE IMMED.  
MAT. IND. NR. SUB. NO EXP.  
5785 WKL. COMM. - 718-324-9736

**Counter Person/Warehouse**  
Bldg supply co. Bklyn location  
Hardware experience a must  
Apply at 1335 Flatbush Ave.

**DIESEL & GASOLINE MECHANICS**  
School Bus Co. Full & Part time.  
Union Shop Apply in person:  
1 Coffey St. Bklyn. 718-432-0286

**Executive Chauffeur-Part-Time (\$12-\$18/hr)**  
Are you looking to be part of a cutting-edge global transportation company? Then BostonCoach would be excited to have you. Available shifts: AM, PM, holidays and weekends. Flexibility is essential!! Day 1 - We offer paid training and benefits. Must be 21, have clean driving record, pass drug test and background check, and be able to obtain TLC license. Please join us for one of our exciting info sessions held: Every Tuesday at 11am & Thursday at 5pm. Attendance is required to be considered for employment. Loc: Westbury, NY office at 44-12 57th Ave. intersection of 43rd St. & 54th Road. Call 718-794-5046 for directions. To learn more about the position and company visit: [www.bostoncoach.com](http://www.bostoncoach.com) EOE Employer

**General**  
LAUNCH A NEW CAREER TODAY.  
HELP BUILD A GREENER TOMORROW!  
Call today - Start tomorrow!  
Green Company has Multiple Openings Start Immediately. Great pay!  
**1-866-484-5003**

**HANDYPERSON- MAINTENANCE**  
Handyman needed for a maintenance Co. by performing minor repairs in the tri-state areas. Must have exp. a valid driver license & own tools. We support & encourage hiring of our troops! Send resume to: [Wardie@nationwidemaintenance.com](mailto:Wardie@nationwidemaintenance.com)

**PUMP MECHANICS, MACHINISTS & HELPERS.** Drivers lic. req'd. Salary based on exp. Benefits available after 3 months. Call 718-249-2335

**IMMEDIATE OPENINGS**  
Local co. requires 1- motivated individuals to join our growing team. We offer full training, competitive compensation and the opportunity to advance. Ave earnings start at \$15/hr. Weekly pay - bonus opportunity. Call today to set up an interview 718-324-9775

### General Help Wanted

**OUR CLIENT IS SEEKING HIGHLY MOTIVATED INDIVIDUALS FOR THEIR STOCKBROKER TRAINEE PROGRAM.**  
SPONSORSHIP FOR THE SERIES 7 AND 63 LICENSES IS PROVIDED. RECEIVE PAID IN-HOUSE TRAINING FROM ESTABLISHED STOCKBROKERS. UPON SUCCESSFUL COMPLETION OF THE EXAMS, A FULL-TIME POSITION IS OBTAINED WITH THE FIRM.  
**BUILD A FUTURE FOR YOURSELF AND CALL 1-800-258-0748 TO SCHEDULE AN INTERVIEW.**

**Electrician/Supervisor (Exp'd)**  
Tremendous opp'ty & security in growing co. Knowl of elect. codes & safety req. Ability to run a work force, trouble-shoot, execute projects via blueprints & provide progress reports to client. Fax res 718-815-5133

### Training

**10A AAAH @ CITY Mon-Sat 8hr Prc**  
10hr OJT Ann Fire Gd Metal Det  
Torr SG Lic pka Pistol Lic Prop S385  
212-957-1207 303 W 42 St 4610 @BAY

**10 A at Blue Steel Security Same Day**  
Cert! Walk-in. Job-Placed! 10hr/Week  
Ann/Loss Pres-CPR/FA/Arms training  
Metal Det/Arm-Gun Lic Service  
397 Bridge St. Call 347-463-9815

**★ 8 & 16 HR CERTIFICATE! ★ ONLY \$50!**  
718-346-9191, 186 Pennsylvania Ave, Bk  
[www.thefalcingroup.com](http://www.thefalcingroup.com)

**100'S OF JOB OPENINGS**  
Care For The Elderly  
HHA Training starting Nov. 30th  
2 wks course. Call 718-843-8449

**CARE FOR THE ELDERLY**  
HHA Training, Nurse's Aid Training.  
NYS Ed approved, 718-843-8449  
Job Placement / Top Pay

**EXTERMINATION/Termite Certification**  
NYS cert. 69 days. Jobsite Fin! aid  
if qual. 24hr 718-205-0555/800-220-5494

### Transportation / Travel

**★ DRIVER ★ BROOKLYN BUS CO.**  
"CP-BP" lic. & BPS endorsement req'd.  
Will sponsor for B.O.U.E.D cert. Apply:  
1 Coffey St., Brooklyn. 718-852-0286

**DRIVERS ★ CDL CLASS B-P.**  
Must know Queens. Immed hire. Also  
class C-P. must have NYC TLC Para-  
transit lic. Call Thoma 718-311-6733  
200 2nd Ave., Bklyn, NY

**DRIVERS ★ CDL CLASS B-P.**  
Must know Bronx. Immed hire. Also  
class C-P. must have NYC TLC Para-  
transit lic. Call Louie 914-466-2580  
31 Palisade Ave., Yonkers, NY 10501

**TAXI DRIVERS - "NORTH" BRONX**  
LOC. FULL TIME, PART TIME. KNOWLEDGE OF BRONX/HANHA. AN. TLC NECESSARY. CALL 718-828-8888 X122

**MORE MILES  
MORE MONEY**  
Hiring sales, teams & contractors  
\*\$5,000 Team sign-on bonus  
\*\$1,000 Owner Operator sign-on bonus  
\*Great pay & benefits  
\*The best equipment  
\*Lease/purchase program avail  
REQUIRES CDL A & 3 MONTHS  
OTR EXPERIENCE.  
\*Recent CDL grads welcome  
Don't miss out! Call today!  
**866-817-9666**  
**U.S. APRRESS**  
[www.usxnspp.com](http://www.usxnspp.com)

### General Help Wanted

## Vehicles

### Cars

**EZ CREDIT/LEASE! AS LOW AS 2.9%**  
★ PENNSYLVANIA NEW/USED CARS ★  
ALL OF EMI! BANKRUPTCY, REPO, ETC.  
FREE RIDE! FREE WARRANTY!  
PAUL 800-437-3048 CELL 97-783-8073

### Motorcycles

Yamaha YS 1990, Honda XR-80 1983,  
Suzuki RM60 1985, Suzuki GT380 1975  
Suzuki GT550 1975, Yamaha RD350  
1974, Honda CB350 1974, Triumph  
Trophy 250 1970, BMW R65 1961, Milwaukee  
cellaneous Parts. All motorcycles  
must go. Call Owner 316-637-3283

## Career Training

**The decision is SIMPLE!**  
Start training now in the  
Health Care field and  
put your career goals back on track!  
Learn about career training  
opportunities in  
**Health Information Management**  
Don't wait, Call NOW!  
**888-728-9333**  
SBI Campus - an affiliate  
of Sanford-Brown - Melville  
Melville, NY  
[sbmelville.edu](http://sbmelville.edu)

**It's time to think  
About your future!**  
Don't get left behind!  
Learn about career  
training opportunities in  
**Medical Billing**  
in our Health Information  
Management program!  
**888-728-9333**  
SBI Campus - an affiliate  
of Sanford-Brown - Melville  
Melville, NY  
[sbmelville.edu](http://sbmelville.edu)

**Afraid of NEEDLES???**  
But still want to be a part of  
the exciting healthcare field,  
working behind the scenes?  
Consider training in  
**Medical Billing and Coding**  
Start training now!  
**866-943-6444**  
Sanford-Brown Institute  
Garden City, NY  
Island, NJ  
New York, NY  
White Plains, NY  
Licensed by the New York  
State Education Department  
Island is not licensed by the New York  
State Education Department  
Programs vary by location  
[sanfordbrown.edu](http://sanfordbrown.edu)

**reserve  
your space**  
DEADLINE: two (2) business days  
prior to publication at noon.  
**866-900-9473**  
**metroclassifieds**

## Career Training

**A Career with a Great Future...  
It's Time.**  
**Court Reporter  
Paralegal  
Medical Admin.**  
Day & Evening  
Classes, Fast Track &  
qualified, Degree &  
Certificate Programs  
**REGISTER NOW FOR OUR  
NEXT TERM!**  
**NEW YORK CAREER INSTITUTE**  
**888-275-2816** Founded 1941  
For more information about our graduation rates, the median debt of students who  
completed the program and other important information, please visit [www.nyci.edu](http://www.nyci.edu)  
www.nyci.edu • 11 Park Place, NYC (across from City Hall)

## Pets

♥ ADORABLE YORKIE PUPPIES ♥  
CALL TRACY 718-236-1515

♥ YORKIE PUPPIES FOR SALE ♥  
Adorable Toy & Teacup Sizes.  
Call 718-331-0877

★ FRENCH BULL DOG PUPPIES ★★  
Male/Female, Shots, Papers, Life-  
time Guarantee. Owner 347-437418

★ SHIH-TZU PUPPIES ★★  
Toy & Imperial Sizes, All Colors  
Call 718-236-7567

## For Sale

### Miscellaneous

**A1 Buying Diabetic Test Strips**  
Cash paid. Nicotine Patches/Gum.  
Fast NY/NJ pickup. 646-400-5270

Accu Check, One Touch Freestyle  
WE BUY Extra Diabetic Test strips  
\$\$\$ CASH PAID \$\$\$ 888-415-0796

## Services

### Legal Services

**BANKRUPTCY  
DIVORCES  
ACCIDENTS**  
PAYMENT PLAN\*  
FREE CONSULT  
212-398-9274  
**LAW OFFICE OF GUERIN  
& ASSOCIATES**  
SATURDAY APPOINTMENTS

### Careers

**HIGH SCHOOL  
DIPLOMA FROM HOME**  
6-8 weeks accredited  
Get a Diploma! Get a Job!  
Call 24/7 for free brochure  
**1-800-264-8330**  
[www.diplomafromhome.com](http://www.diplomafromhome.com)  
Benjamin Franklin High School

### Psychic

**SHEIKH SALEEM**  
917.254.6647  
MYSTICAL AFRICAN  
MEDIUM &  
SPIRITUALIST  
SOLVES ALL  
YOUR ISSUES.  
LOVE SPECIALIST.  
REUNITE LOVERS.  
BUSINESS.  
JOB.  
COURT.  
LUCK.  
BLACK MAGIC.  
PROTECTION.  
IMPUTENCY.  
IMMIGRATION, ETC.  
ENGLISH AND FRENCH  
SPEAKING. QUICK RE-  
SULTS

**MR. ALHAGIE MUTARR**  
African Spiritual Healer can  
help you with problems like  
bringing back love ones and  
marriage, business, court  
case, jobs, black magic and  
bad luck protection. Call me  
at 646.427.8763 or 718.992.2217

### Careers

### Phone Services

**lavalife VOICE**  
**FREE TRIAL\***  
CALL NOW!  
**212-949-4500**  
18+ \*Restrictions may apply

**night exchange**  
**FREE TRIAL**  
**212.949.8844**  
18+ \*Restrictions apply

**man to man chat**  
**FREE TRIAL**  
**646.201.5126**  
More local #s: 1.800.777.8000 18+

**Real hook ups,  
real fast.**  
**TRY FOR Free**  
**646.429.1301**  
More Local #s: 1.800.210.1010  
[www.betinks.com](http://www.betinks.com) Also in Español

**Fill Your Rental**  
for as little as  
**\$30 a Day.**  
\*Rate Based on Five (5) Day Minimum

**metroclassifieds**

Contact Sandra Restrepo at [sandra.restrepo@metro.us](mailto:sandra.restrepo@metro.us) /  
(646) 792-8056 or visit [metroclassifieds](http://metroclassifieds) on [www.metro.us](http://www.metro.us)



# AT HOME WITH metro<sup>®</sup>



**Rent,  
Rock  
& Roll.**  
IN LONG ISLAND!



Avalon Rockville Centre

## Market watch



### CHEAPEST \$200K

**207-209 E. 120th St.**  
The cheapest listing to hit the market this week is a one-bedroom at 207-209 E. 120th St. This 494-square-foot condo with a balcony and low common charges is listed by Triumph Property Group for \$200,000.



### PRICIEST \$20M

**200 E. 67th St.**  
The most expensive property listed this week is a full-floor condominium at 200 E. 65th St. This four-bedroom on the 49th floor has 360-degree views and a state-of-the-art screening/media room. It's listed by Brown Harris Stevens for \$20M.

## STREET EASY

StreetEasy.com is a New York-based real estate information portal that aggregates the most comprehensive set of sale and rental listings along with other useful info.



NO BROKER FEE • IMMEDIATE OCCUPANCY

# YOUR HOME IS PARKCHESTER

You have everything here: BEST CHOICE IN NYC  
FOR LARGE, BEAUTIFUL AFFORDABLE  
1, 2 AND 3 BEDROOM RENTAL APARTMENTS

AS LOW AS **\$1010** PER MO

**1 1/2 MONTHS FREE RENT ON 1BR APTS**  
IF YOU SIGN BY DECEMBER 15

## WHY LIVE ANYWHERE ELSE?

- Beautifully maintained buildings and grounds • Responsive service from well trained staff • 24 hour security • A complete community with stores, medical & professional offices, restaurants, even a movie theatre and post office • Walk to subway and express buses to mid-Manhattan • Street and garage parking

Schedule an appointment by phone or online

# 718-412-4695

Open House: Tues & Thurs 5:00pm-7:45pm, Sat 10:00am-1:45pm

See Our Model Apts and Our Premier Apartment Collection

[www.parkchesternyc.com](http://www.parkchesternyc.com)

EHO



## No-Fee Rentals. Newly Renovated.

1 BD - \$1400-1800 | 2 BD - \$1850-2000

- Spacious Layouts
- Stainless Steel Appliances
- Private, Gated Community
- Elevator Buildings
- Landscaped Courtyard with Basketball Court, Children's Play Area and Seating Areas
- Immediate Occupancy

Call (866) 870- 8102 for an appointment

**What is this?** Scan this QR Code with your Smartphone QR Reader and immediately view all available apartments at Riverton Square. Don't have a QR Code Reader? Visit [qread.mobi](http://qread.mobi) on your phone to download one now.



LEASING OFFICE 2156 Madison Ave  
[www.riverton-square.com](http://www.riverton-square.com)

EXCLUSIVE MARKETING & LEASING AGENT  
Rose Associates, Inc.

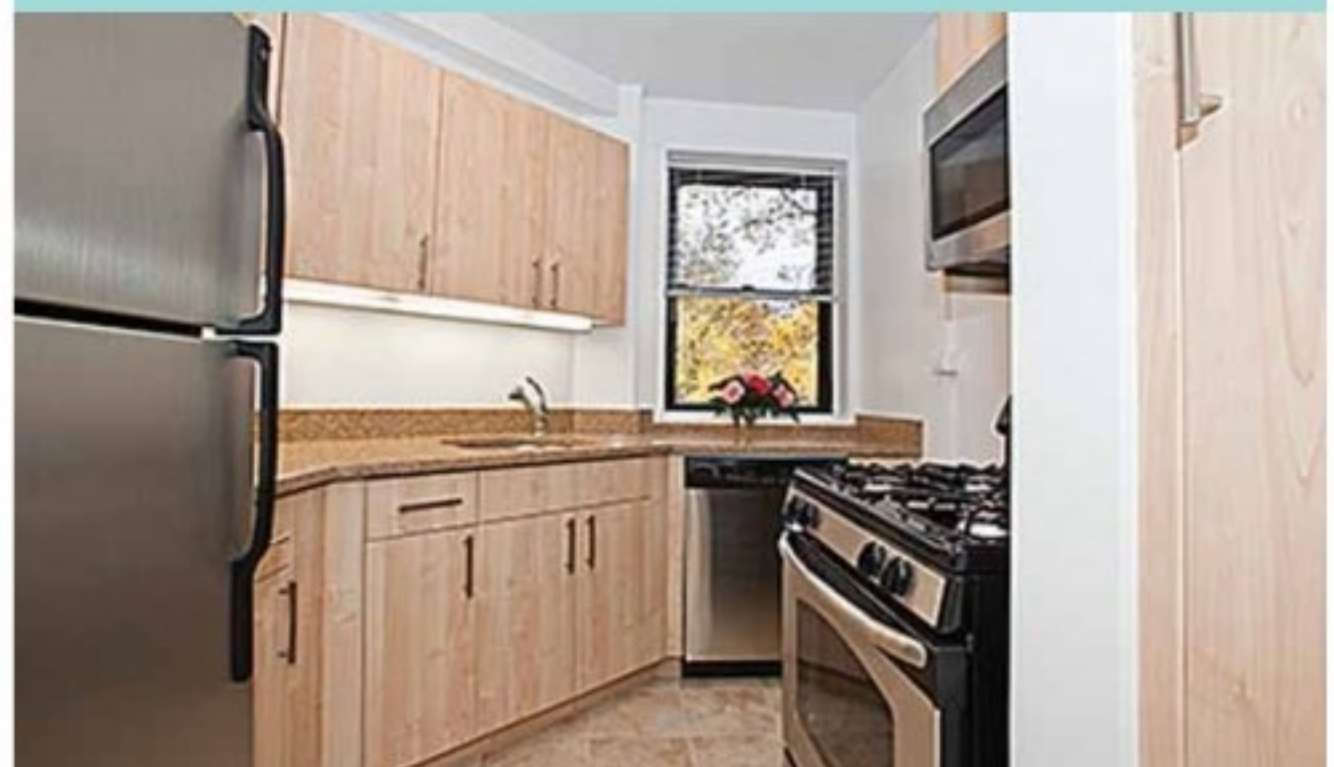
28

advertisement

WEDNESDAY, DECEMBER 7, 2011

# RIVERTON SQUARE

OFFERS NEWLY RENOVATED  
APARTMENTS WITH LARGE LAYOUTS



**W**ith bedrooms large enough to fit a king-sized bed and newly renovated kitchens with stainless steel appliances, renters looking for one and two bedroom rentals are finding more at Riverton Square. The community is centrally located in Harlem with convenient access to the 2,3 subway lines at 135th Street and offers beautifully landscaped grounds with basketball court and children's playground. One bedroom apartments are priced from \$1,450 and two bedroom apartments are priced from \$1,650. And best of all, you can rent directly from the landlord so there is no broker fee to pay.

Browse available apartments, view floorplans and photos at  
[www.riverton-square.com](http://www.riverton-square.com) or call (866) 870-8102  
to schedule an appointment.



# Hostess with the mostess

► This year the gang is coming over to your place — but don't stress ► We ask the pros for tips on how to throw a party that your guests will be talking about way after the Christmas lights come down

## Barbara Barry

Designer, Barbara Barry Baker Collection

### Keep it simple

I try to create spaces that are really calm as a simple backdrop for the stuff of life, and when is there more stuff than at Christmas? Last year I did nothing — I didn't even



► Barbara Barry

put up a tree. I couldn't believe how colorful and full my house became of gifts, people, food, things — just the celebration, and it wasn't overwhelming. So I might sound a bit Zen there, but I would [suggest] a simple mantelpiece — I love magnolia leaves because they're still out at this time of year, I love small votives, and maybe a smell in the house like cinnamon.



► Expect rave reviews this year.

## Katie Lee

The chef, cookbook author and Clos du Bois spokesperson will host her family at her new house in the Hamptons for Christmas.

**On her style:** My entertaining style is similar to my food and fashion style: I like casual, comfortable and a touch of couture. I think when you're entertaining it's about making it easy and making everyone feel comfortable when they walk in your door, not like feeling like the etiquette police are gonna come out. You want everybody to just feel relaxed and have a good time. I think the hostess sets the tone, so if you're having a good time and you're relaxed, everybody else will be too.

**Creative centerpieces:** It doesn't have to be flowers. One thing I really like to do is get clear glass bowls and fill them with ball ornaments. I'll fill bowls with those and put [them] going down the table.



► Ornaments make for a festive centerpiece.

It looks fun and festive and a box of those at the dollar store is, like, two bucks. Get creative: Go out in your yard and get branches, pine cones — you can take a gold glitter pen and decorate each of the pine cones a little bit. I also love citrus for decorating, so if you do the pine branches, put some clementines in there and then everybody can eat those while they're having tea. I also love the way pomegranates look in a bowl.

### On shortcuts you can take:

Don't bite off more than you can chew when you're entertaining. Have some assembly foods: Go to the Italian specialty store and buy salami, prosciutto, parmesan and olives and put it on a beautiful platter — that's totally easy. Buy some store-bought breadsticks, wrap them in prosciutto and put that in a glass. For dessert, buy a pound cake, cut it into layers and spread it with whipped cream and berries. There's all kinds of shortcuts you can take, and then you can focus on the



► Katie Lee

main course. And I try to [cook] foods as far in advance as possible and put the finishing touches on right before the merriment.

**On desserts:** I love cookies because they're easy for people to grab. You don't need a plate and a fork so it's one less thing to wash. I also will fill bowls with candy and let people dig in — it feels a little bit like being a kid.

Read more on page 30



Everyone loves cookies.



## Deborah Needleman

Founding editor of Domino magazine, editor-in-chief of WSJ. Magazine and author of "The Perfectly Imperfect Home"

I always feel that if someone comes over to my house and immediately takes a nap, you are a huge success — rather than you're so boring they've fallen asleep. It's the idea that you know that everything is comfortable and the couch is cozy and the pillows are soft and the food is so good. And they're so drunk that they just passed out.

I'm also a big fan of the drinks tray, which looks gracious and grown up. Lined up bottles and glasses just look really pretty set on a tray.



► Needleman

When people don't have much room, I've seen them put bottles into the shelf of a bookshelf. It looks very inviting. When people come over, there's not that awkward moment at the beginning — it's like: "There's the bar." They can make themselves a drink. Hey, they can make other people a drink.



Make your pad cozy.

## Q&A



► Stewart

## Martha Stewart

**What's your best piece of entertaining advice for the holidays?**

Organization is it.

**What about when dinner is served?**

Well, you still have to be organized. And stay calm!

www.metro.us

WWW.METRO.US/HOME  
MORE TIPS FROM  
THESE EXPERTS

## Amanda Hallay

Author of "Vintage Cocktails" and professor at LIM College

**Which of your vintage drinks are best for a holiday party?**

Without a doubt, The Champagne Cocktail! It's so easy to make, but so pretty and festive, and you can save a lot of bucks by not making it with real champagne; you can make it with prosecco, or any sparkling dry white wine. All you do is throw a sugar cube into the bottom of a champagne flute (although any glass will do; who cares when you're serving Champagne Cocktails?!), add a few drops of Angostura bitters (which you buy from the grocery store) a shot of cognac (optional), top with champagne and garnish with a maraschino cherry and a ribbon of orange rind. It is so spectacular looking, but you can bring it in for a



► Hallay

dollar a glass, and everyone will swoon when handed such a beautiful cocktail. (And if you're using cheap prosecco, make sure you still announce it as a Champagne Cocktail; nobody will know the difference.)

**MEREDITH ENGEL**  
meredith.engel@metro.us



# Rent,

BRAND NEW AVALON COMMUNITY

# Rock

ROCKVILLE CENTRE, LONG ISLAND

# & Roll.

ONLY 36 MINUTES TO MANHATTAN

## MORE OF A GOOD THING!

The first phase of Avalon Rockville Centre's new luxury rental community is already 100% leased. Be part of the excitement for the premier of our brand new second phase with 1- and 2-bedroom rentals that will be ready in the early spring of 2012. A commuter's dream, Avalon Rockville Centre is less than five minutes to the Rockville Centre LIRR station and just 36 minutes to Penn Station. Features include gourmet kitchens, full-size washers and dryers, outdoor swimming pool, state-of-the-art fitness center and a BBQ/picnic area. An easy walk into Rockville Centre. Now is the time to put your name on the waiting list. Arrange for a tour of these brand new rentals at this ENERGY STAR® Certified community, the first NAHB Green Certified Rental Community in the Northeast. Call today to speak with an Avalon leasing professional. **STARTING AT \$1,990\***



Avalon Rockville Centre

866.960.6710

www.AvalonRentRockRoll.com

100 Banks Avenue Rockville Centre, NY 11570



\*Rents subject to change. Apartments contain FHA compliant features for persons with disabilities.



**Special Holiday Rents**  
 Studios from \$988  
 1 BR at \$1,150 for a two-year lease  
 2 BR at \$1,399 for a two-year lease  
 \* Income guidelines apply

**the upton**

**Comfortable living.  
Affordable luxury.**

Newly constructed, located on 161st and 162nd Streets between Melrose Avenue and Courtlandt Avenue in the Bronx, The Upton is situated on a tree-lined street and is only three blocks from the Grand Concourse.

**your residence**

- MTA D and #4 trains
- Metro North-Melrose Station Yankee Stadium
- The Bronx Museum of Art
- Bruckner Antique & Arts District
- Gateway Center (Target/Costco/Home Depot)
- Franz Sigel Park
- Macombs Dam Park
- South Bronx Food Co-op (Farmers Market)
- Concourse Plaza

**unit & building amenities**

- In-unit Bosch washer & dryer (2 bedrooms Only)
- GE microwave, dishwasher, stove & refrigerator
- Open kitchen with center island
- Built-in media center (internet & cable ready)
- Landscaped courtyard
- 3 party rooms (for resident use only)
- Indoor garage (separate fee)

**BROKERS WELCOME**

For more information, please inquire:  
**Ms. Eileen Vega**  
**646.538.1899**  
 evegatheupton@gmail.com  
 Monday thru Thursday 9am to 5pm  
 Saturday 10am to Noon by Appointment  
 www.theuptonny.com

**Immediate Occupancy  
Ocean Front Community**





**2 BR - SOLD OUT! • 3 BR starting at \$302,600!  
Hurry! Only 5 units remaining!**

**Only 3% Down Payment**      **\$5,000 Closing Cost Credit**  
**Low Monthly Payment**      **Minimal Common Charges**

**Stainless Steel Appliances • Washer/Dryer • 20 Year Tax Abatement**

**Waters Edge**  
*at Arverne Condominium*

190 Beach 62nd St.  
 Arverne, NY 11692  
 718-474-0377  
 www.watersedgecondos.net

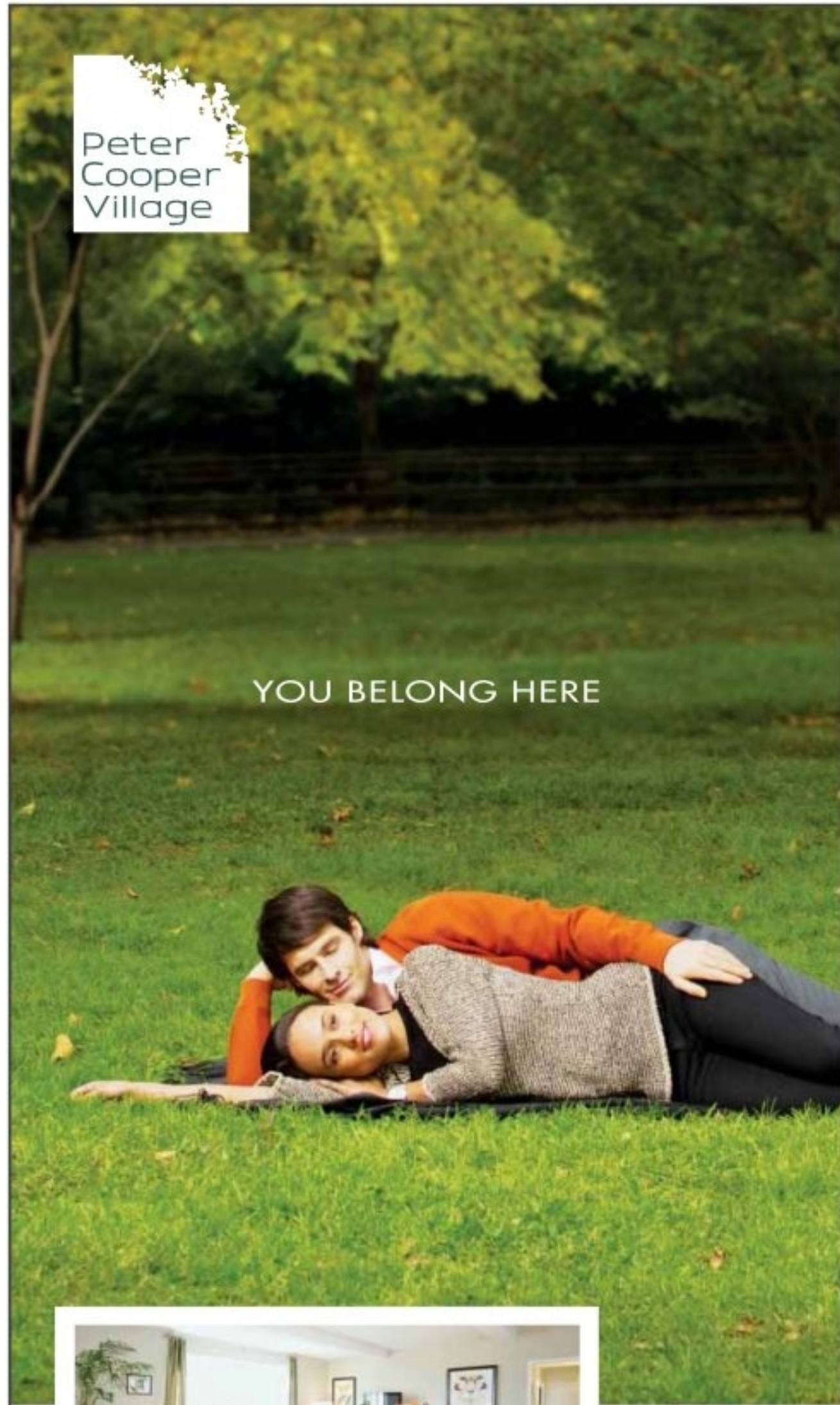
**Open House Sat & Sun 11am-4pm open 7 days a week**

The complete terms are available in the Offering Plan from the Sponsor. CD07-0225. Sponsor: Arverne/Briarwood II, LLC, 36-36 Bell Boulevard, Bayside, New York 11361. Selling Agent: Briarwood Properties, Inc. All purchasers must have good credit history. Owner occupancy is required for Purchasers. Prospective applicants who currently own or have, within the last 5 years prior to the date of their application for these apartments, purchased a government subsidized home will be ineligible to purchase a home. 20 year tax abatement from abatement commencement. For the first 10 years from abatement commencement taxes are payable only on land. Your home is 100% exempt. Appliance package, 3% down (assumes purchaser qualifies for SONYMA loan), closing cost credit, all offers, prices maintenance, income & asset limits, are subject to change. Contracts are subject to approval by the New York City Department of Housing Preservation & Development and NYC Housing Partnership.



**Peter Cooper Village**

**YOU BELONG HERE**




The residences at Peter Cooper Village are set within a lush, 80-acre private park, steps from Gramercy Park. Oversized 1 and 2 bedroom apartments feature new kitchens and baths with elegant finishes designed for a refined lifestyle. Amenities include concierge services by Abigail Michaels, fitness center and more. Utilities included and pets welcome.

**NO FEE RENTALS | 1 MONTH FREE RENT\***  
**1 BEDROOMS FROM \$3,540**  
**2 BEDROOMS FROM \$4,700**

\*On select residences. Net effective rents shown.

(888) 641-3215 | [petercoopernyc.com](http://petercoopernyc.com)

Leasing Office: 252 First Avenue @ 15th Street

**VISIT US ONLINE TO FIND OUT ABOUT OUR SEASONAL ICE SKATING RINK!**

**EXCLUSIVE MARKETING & LEASING AGENT:**  
**Rose Associates, Inc.**



SHOP 8AM-MIDNIGHT TODAY. HOURS MAY VARY BY STORE.  
VISIT MACYS.COM AND CLICK ON STORES FOR LOCAL INFORMATION.

# ONE DAY SALE

TODAY IS THE DAY! OPEN 8AM-MIDNIGHT!

DON'T MISS SPECTACULAR  
MORNING SPECIALS INCLUDING

## 15% OFF

REGULAR & SALE PRICES 8AM-1PM TODAY  
OR \$10 OFF WHEN YOU USE THIS PASS

WEDNESDAY 'TIL 1PM; CANNOT BE USED ON SPECIALS OR SUPER BUYS

★ macy's **WOW! \$10 OFF**

ALL SALE & CLEARANCE APPAREL AND SELECT HOME ITEMS

# \$10 OFF!

Excludes: Everyday Values (EDV), specials, super buys, furniture, mattresses, floor coverings, rugs, electronics/electronics, cosmetics/fragrances, gift cards, jewelry trunk shows, previous purchases, special orders, selected licensed depts., special purchases, services, macys.com. Cannot be combined with any savings pass/coupon, extra discount or credit offer, except opening a new Macy's account. Dollar savings are allocated as discounts off each eligible item, as shown on receipt. When you return an item, you forfeit the savings allocated to that item. This coupon has no cash value and may not be redeemed for cash, used to purchase gift cards or applied as payment or credit to your account. Purchase must be \$25 or more, exclusive of tax and delivery fees.



YOUR PURCHASE OF \$25 OR MORE. VALID 12/7/11 'TIL 1PM. LIMIT ONE PER CUSTOMER.

PLUS, FASHION & HOME CLEARANCE SELECTIONS:

## 50%-80% OFF

WHEN YOU TAKE AN EXTRA 40% OFF

ORIG.\* PRICES

ALREADY REDUCED PRICES

the magic of  
**macy's**  
.com

### FREE SHIPPING AT MACYS.COM

with \$99 online purchase (\$8 flat-fee shipping with purchases under \$99). No promo code needed; exclusions apply.

FIND MACY'S EVERYWHERE! Shop, share and connect anytime.

ONE DAY SALE PRICES IN EFFECT 12/7/2011. MERCHANDISE WILL BE ON SALE AT THESE AND OTHER SALE PRICES NOW THROUGH 1/2/12, EXCEPT AS NOTED. \*Intermediate price reductions may have been taken.

OPEN A MACY'S ACCOUNT FOR EXTRA 20% SAVINGS THE FIRST 2 DAYS, UP TO \$100, WITH MORE REWARDS TO COME. Macy's credit card is available subject to credit approval; new account savings valid the day your account is opened and the next day; excludes services, selected licensed departments, gift cards, restaurants, gourmet food & wine. The new account savings are limited to a total of \$100; application must qualify for immediate approval to receive extra savings; employees not eligible.